

Developmental Milestones

Each child is an individual and will grow and develop at her own rate. However, broad guidelines for development can be helpful in understanding what is realistic to expect a child to accomplish by certain ages. If the child was born prematurely it is very important that you use her corrected age when looking at these milestones.

<u>AGE</u>	<u>MILESTONE</u>
1mo	Raises head slightly when prone, alerts to sound, regards face, moves equally.
3mo	Rolls over, smiles, holds head up, coos, reaches for familiar objects, laughs.
4-5mos	Rolls front to back, orients to voice, enjoys looking around surroundings, grasps rattle, and bears some weight on legs.
6mos	Sits with support, stranger anxiety, recognizes mother, begins to crawl, passes cube hand to hand, babbles, uses hand to rake raisin & attains, feeds self crackers.
9mos	Cruises, pulls to stand, pincer grasp, pat-a-cake, understands "no", says "mamma and dada", feeds self with bottle, sits without support, gets to sitting position.
12mos	Walking, talking, few words, throws objects, imitates, and comes when called.
15-18mos	Scribbles, walks backward, uses 4-20 words, builds tower of 2 blocks, points to body parts, runs, spoon feeds self, copies parents.
24-30mos	Walks up and down steps, removes shoes, follows 2-step command, jumps with both feet, holds pencil, knows first and last name.
3yrs	Dresses and undresses, draws a circle, knows more than 250 words, plays in groups, takes turns, shares.
4yrs	Hops, skips, catches a ball, memorizes songs, plays cooperatively, knows colors.
5yrs	Jumps over objects, prints first name, ties shoes, knows address & mother's name, tolerates separation, follows game rules.