VISITING ANOTHER COUNTRY? PROTECT YOUR FAMILY.

THINK MEASLES.

Measles is widespread in places like Europe, Africa, Asia, India, and the Philippines.

BEFORE YOU TRAVEL

Tell your doctor where you are traveling. Babies and children may need measles protection at a younger age than usual.

AFTER YOU TRAVEL

Call your doctor if anyone gets a fever and rash within 3 weeks of returning from your trip. Describe where you traveled.

Talk with your doctor if you are planning an international trip.

For more information go to **www.cdc.gov/travel**.

COUNTY OF SAN DIEGO HHSA HEALTH AND HUMAN SERVICES AGENCY

LIVE WELL SAN DIEGO

Adapted from a flyer (IMM-1046) from the Californa Department of Public Health