Message from the President
Herbert C. Kimmons, M.D., M.M.M.

We have done it again! I am very pleased to share with you that U.S. News & World Report has ranked Rady Children’s among the nation’s best in its 2012-2013 survey of America’s Best Children’s Hospitals. Of the 10 pediatric specialties surveyed by U.S. News, Rady Children’s scored a 10 for 10 AGAIN!

Congratulations to Rady Children’s Specialists divisions of Cardiology, Cardiovascular Surgery, Endocrinology, Gastroenterology, Hematology/Oncology, Neonatology, Nephrology, Neurology, Neurosurgery, Orthopedic Surgery, Respiratory Medicine, Urology, and services provided by our Asthma/Allergy/Immunology team.

In addition, we have much to share about RCSSD happenings over the past few months that include new physicians and programs, faculty promotions, website updates and location changes. We’ve had a busy and productive summer!

I hope you enjoy this issue and welcome your feedback,

Herbert Kimmons, M.D.

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Heart Transplant Surgeon Joins Cardiovascular Surgery Team

Heart transplant surgeon, Dr. Eric Devaney, has joined the Division of Cardiovascular Surgery and will lead Rady Children’s new heart transplant program.

“Hiring a surgeon of Dr. Devaney’s caliber is a game-changer for the cardiovascular surgery program at Rady Children’s,” says Dr. John J. Lamberti, the Eugene and Joyce Klein Director in Cardiovascular Surgery at Rady Children’s. “Providing heart transplants here in San Diego will relieve the tremendous burden that is placed on families who, until now, had no choice but to travel long distances for care.”

In addition to heart transplantation, Dr. Devaney specializes in congenital heart surgery and circulatory support. He comes to Rady Children’s from the University of Michigan, where he completed his training in cardiothoracic surgery and pediatric cardiac surgery.

Dr. Devaney developed his surgical practice over the last decade at C.S. Mott Children’s Hospital at the University of Michigan. “In addition to the services already available at Rady Children’s, the ability to perform heart transplants will allow us to provide comprehensive care for all children with any form of heart disease,” says Dr. Devaney.

Dr. Devaney’s clinical interests and expertise are in the surgical management of complex congenital heart disease in neonates, infants, children and young adults. He also conducts basic research studies in the molecular biology of cardiac muscle function and heart failure, seeking possible therapies for the complications of congenital heart disease. Rady Children’s hopes to conduct its first pediatric heart transplant by the end of 2012.
RCSSD’s Division of Gastroenterology, Hepatology and Nutrition has recently launched the MOVE IT Center for functional and motility disorders in children and adolescents. The Center is not only the first of its kind on the West Coast, but is one of a handful of pediatric motility programs in the country.

Under the leadership of Dr. Neel Tipnis, the Center diagnoses and treats a variety of chronic abdominal and gastrointestinal conditions. Dr. Tipnis, who comes to Rady Children’s from Children’s Hospital of Wisconsin, gained extensive additional training in gastrointestinal motility and functional bowel disorders at the Medical College of Wisconsin, where he also served on the faculty for seven years.

The specialized services and whole-person approach to care are what make this Center unique. Here, there is a multidisciplinary team, beyond medical specialists. In the course of treatment, patients and their families may work with a physical or occupational therapist, dietitian or social worker.

The Center also offers clinical and guided imagery, which has been proven to help many children and adults with chronic abdominal discomfort. Dr. Rebecca Cherry, the Center’s associate director and a pediatric gastroenterologist with special training in medical hypnosis, provides this therapy. Only one other center in the world offers hypnosis for motility disorders. In the future, we will offer additional complementary therapies and develop specialized therapeutic programs for chronic pain.

Along with providing comprehensive care, the Center is equipped with the most advanced technology, including high-resolution manometry to assess GI tract function.
360 Sports Medicine - A One Stop Facility for Sports Medicine Referrals

We are pleased to announce the opening of 360 Sports Medicine, San Diego’s only full-spectrum program for young athletes. 360 Sports Medicine, a program of Rady Children’s Hospital, provides 360 degrees of care with state-of-the-art resources for sports injury treatment, prevention, performance enhancement training, research and education.

Our mission is “keeping young athletes in the game” by providing seamless, sports-focused healthcare services that unite the specialist and athlete’s primary care physician with the families and coaches. Members of the 360 Sports Medicine include: orthopedic surgeons (the only pediatric fellowship-trained and sub-specialty board-certified sports medicine physicians in San Diego); non-operative board-certified sports medicine specialists; physical medicine and rehabilitation physicians; neurosurgeons; physical therapists; certified athletic trainers; concussion specialists; nutritionists; and rapid access to other specialists within RCSSD.

360 Sports Medicine opened its new office on August 6, a block from the Rady Children’s campus, at 7910 Frost Street, Suite 190. This office will be the central hub of 360 Sports Medicine, serving only patients with sports-related issues. 360 Sports Medicine services are also available at RCSSD’s satellite offices in Encinitas and Escondido.

360 Sports Medicine Services:
- Sports injury physician services - Currently offered
- Sports rehabilitation/physical therapy - Currently offered
- Orthopedic surgery - Currently offered
- Research and clinical trials - Currently offered
- Education programs - Coming soon
- Concussion management - Coming soon
- Injury prevention training - Coming soon

Availability is our number one goal; the program can be accessed:
1. Patients can schedule an appointment by calling 858-966-9360
2. Physicians (or their staff) can receive immediate assistance by calling 858-966-4968, or emailing us at 360sports@rchsd.org

If you have any questions or would like further information about the program, please email David Pyatt at dpyatt@rchsd.org, or visit us at www.360sportsmedicine.org.
CAPS: Child and Adolescent Psychiatry Services
Now at Rady Children’s

Rady Children’s is now operating the Child and Adolescent Psychiatry Services (CAPS) program, a 22-bed psychiatric facility for children and adolescents at Alvarado Medical Center.

The facility, previously licensed to UC San Diego, is an acute care, 24-hour, 7-day-per-week facility focusing on crisis intervention, mental health assessments and treatment of a wide array of mental health diagnoses.

“CAPS will provide psychological, psychosocial and educational assessments for a diverse population of children and adolescents in San Diego County and Southern California,” says Charles Wilson, Senior Director of Rady Children’s Chadwick Center for Children & Families. “The inpatient psychiatric program will be a secure facility and the patients will benefit from being treated by specialists from the Rady Children’s and UC San Diego psychiatric teams.”

CAPS provides an invaluable service to meet the mental health needs of San Diego County and the Southern California region with referrals from Los Angeles, Orange, Riverside, San Bernardino and Imperial counties. The program will move to the Rady Children’s campus in January 2013. For more information call (619) 229-3700.

New Location!
San Diego Perinatal Center

Effective September 4, 2012, the San Diego Perinatal Center will now be located at 7910 Frost Street (across from Sharp Memorial/Stephen Birch Hospital). San Diego Perinatal Center physicians will provide services at the following locations:

- **Suite 140**: Comprehensive High-Risk OB Services
- **Suite 430**: Fetal Diagnostic Ultrasound Services

Please contact our Patient Service Liaison, Brenda MacNabb at (858) 966-4992 to request our most recent patient referral form.

New Fax Referral Form Number: (858) 966-6711
New Direct Line to Scheduling: (858) 966-6717
New Main Office Number: (858) 966-6710

To celebrate the move, please save the date for an open house event on:
**OCTOBER 18, 2012 AT 4PM AT 7910 FROST STREET, SUITE 140**
Education and Training:
- Medical Degree received from University of Ghana Medical School, Accra, Ghana
- Rotating Internship Korle-Bu Teaching Hospital, University of Ghana Medical School, Accra, Ghana
- Department of Surgery and Pediatrics
- Pediatric Internship at University of Connecticut Health Center and Medical School
- Pediatric Residency at University of Connecticut Health Center and Medical School
- Fellowship at Children’s Hospital Boston, Division of Emergency Medicine, Harvard Medical School

Accomplishments & Awards:
- Author of over 60 journal publications and abstracts; presenter of 30 research papers at international scientific meetings; lecturer at over 50 regional, national and international scientific conferences
- Associate Editor of the Academic Emergency Medicine Journal and reviewer for over 10 journals
- Member of Pediatric Emergency Care Applied Research Network & Society for Pediatric Research
- Recipient of Outstanding Reviewer Award, Society for Academic Emergency Medicine
- Recipient of the Seidel-Ludwig Award for the Best Scientific abstract in Pediatric Emergency Medicine
- Recipient of the Grant Morrow III Award for Faculty Teaching and Excellence in Pediatrics
- Recipient of the Ohio State University Emergency Medicine Faculty Teaching Award
- Recipient of the University of Connecticut Outstanding Resident Award For Excellence in Teaching
- Recipient of the Nestle Prize for Excellence in Pediatrics, University of Ghana
- Recipient of the Nortei-Ababio Prize for Excellence in Clinical Pediatrics, University of Ghana
Dr. Nicholas M. Holmes Named
Vice President and Director of Surgery

We are pleased to announce that Nicholas M. Holmes, M.D., M.B.A., has been recently named as the new Vice President and Director of Surgery for Children’s Specialists of San Diego.

Dr. Holmes joined CSSD in 2006 on a part-time basis until his completion of 14 years of active duty service in the U.S. Navy. In 2007, he joined the CSSD full-time with his appointment as the Division Chief of Urology. He has been extensively involved within CSSD over the years through a variety of committees and leadership activities. Prior to his appointment, he served as the vice-chair of the Clinical Practice Committee and as a member of the Executive Board, Revenue Cycle Committee, Joint Quality/Credentialing Committee and on the Board of Governance Committee for the Medical Practice Foundation. Dr. Holmes has been an active member of Rady Children’s Hospital Medical Staff as a member of the Quality Improvement Committee, Medical Staff Executive Committee, Section Chief of the Division of Urology and Chair of the Department of Surgery.

One of the accomplishments he is most proud of in his tenure at CSSD is the recognition of the Division of Urology by U.S. News and World Report - over the past three years the national ranking has moved from among the top 20 in the nation to number 9 in the nation in 2012. Dr. Holmes has gained expertise, most recently in December 2011, with the completion of a Masters of Business Administration at the University of Tennessee-Knoxville with a focus in healthcare finances and LEAN management of surgical services operations.

Dr. Holmes’ goal is to support the organization to deliver the highest quality of care the medical group has become known for while simultaneously identifying new opportunities to improve upon the delivery system as it relates to program development and interactions within the Medical Practice Foundation.
U.S. News & World Report: 10 for 10 Again!
2012-13 Best Children’s Hospitals

U.S. News & World Report announced the results of its 2012-13 survey to identify the top children’s hospitals in the country in 10 pediatric specialties this past June. Rady Children’s Hospital achieved rankings in all 10 specialties, but the Hospital achieved its highest ranking ever in the survey: #2 in Orthopedics. With 178 U.S. children’s hospitals participating in the survey, the top rankings place Rady Children’s among the nation’s elite.

“At Rady Children’s, we hold ourselves to the highest standard in everything we do – whether it’s providing world-class medical care to the children of our region or discovering cures for childhood diseases,” said Kathleen Sellick, President and CEO of Rady Children’s Hospital. “That’s why these rankings are so gratifying. They show that we are keeping our covenant with San Diego to provide the best and most comprehensive services available.”

U.S. News’ rankings recognize the nation’s top 50 children’s hospitals in 10 pediatric specialties: cancer, cardiology and heart surgery, diabetes and endocrinology, gastroenterology, neonatology, nephrology, neurology and neurosurgery, orthopedics, pulmonology and urology.

“Rady Children’s Hospital-San Diego deserves high praise for its accomplishments,” said Health Rankings Editor Avery Comarow. “Rady Children’s has a reservoir of dedication and expertise that helps the sickest kids. Our goal at U.S. News is to identify and call attention to pediatric centers like this one.”

For families of sick children, Best Children’s Hospitals provides unparalleled quality-related information in addition to rankings, including survival rates, adequacy of nurse staffing, procedure volume, and more. Since the 2007 debut, the rankings have put an increasing emphasis on data that reflects hospitals’ performance over the opinions of physicians.

This year, U.S. News surveyed 178 pediatric centers to obtain hard data such as availability of key resources and ability to prevent complications and infections. The hospital survey made up 75 percent of the rankings. A separate reputational survey in which 1,500 pediatric specialists—150 in each specialty—were asked where they would send the sickest children in their specialty made up the remaining 25 percent.

Rady Children’s Specialty Rankings:

- Orthopedics (#2)
- Urology (#9)
- Nephrology (#17)
- Diabetes & Endocrinology (#20)
- Neonatology (#21)
- Pulmonology (#22)
- Neurology & Neurosurgery (#27)
- Cardiology & Heart Surgery (#28)
- Gastroenterology (#30)
- Cancer (#37)
The Specialist

RCSSD New Website Design
Visit Us at RadyChildrensSpecialists.org, RCSSD.org, or RCHSD.org

About Rady Children's Specialists

Caring for kids is not just a part of what we do. It’s our entire focus, and it’s been that way for more than 30 years. Our physicians understand the unique healthcare needs of children.

Our mission is to provide specialty services that are state-of-the-art, comprehensive and family-centered to maximize the health and well-being of infants, children, adolescents, and women with high-risk pregnancies.

Rady Children’s Specialists of San Diego is a medical practice foundation, formed through a partnership among Rady Children's Hospital-San Diego, Children’s Specialists of San Diego and the University of California, San Diego School of Medicine. The partnership not only improves the delivery of care, but brings the best minds in medicine together to discover treatments and cures for childhood diseases. More.

Our Physicians

More than 180 specialists providing the highest quality family-centered care

Find a Specialist

Service Spotlight

Sports Medicine. Learn how we keep young athletes in the game.

Latest News

Two Proteins Offer a “Clearer” Way to Treat Huntington’s Disease
Findings could also lead to new treatments for similar neurodegenerative conditions.

Gene Mutations Cause Massive Brain Asymmetry
Discovery could help prevent radical surgery

For Referring Physicians

Satellite Offices Schedule
Referral Forms
The Specialist Newsletter

MyChart

Stay connected to your child’s health – online, anytime. Also available for smartphones. Learn more.

Our Locations

We are conveniently located on Rady Children’s Hospital campus and throughout San Diego and southern Riverside counties.
Practical Pediatrics
Continuing Medical Education Course
Saturday, October 27, 2012
7:30 AM - 1:00 PM
7:30 - Registration and Breakfast Buffet
8:00 - Program Begins

California Center for the Arts
340 N. Escondido | Escondido, CA 92025

Early Registration fee by October 12: $25
Registration fee after October 12: $40

Don’t miss this incredible CME opportunity provided at a minimal fee as a benefit to those serving the children of our region. Based on physician feedback from previous course surveys, we are pleased to offer the six lectures:

ADHD:
Yi Hui Liu, MD
Developmental/Behavioral Pediatrics

Brachial Plexus:
Justin Brown, MD
Neurology

Vaccines Update:
Mark Sawyer, MD
Infectious Diseases

Pediatric Heart Murmurs:
Jeffrey Frazer, MD
Pediatric Cardiology

Tips in Technology:
Christopher Dory, MD
Radiology

Hearing Loss:
Daniela Carvalho, MD
Pediatric Otolaryngology

Moderator
Seth Pransky, MD
Division Chief, Pediatric Otolaryngology,
Medical Director, Satellite Services, Rady Children’s Hospital-San Diego

Objectives: At the conclusion of this course, participants should be able to 1) reference state-of-the-art clinical methods; 2) cost effectively respond and manage routine and non-routine illness using the latest medical interventions; 3) comprehend the topic disease processes, potential complications and therapeutic implications; 4) articulate new insights into the evolution and treatment of pediatric disorders; 5) differentiate when to self-manage and when to refer to a pediatric specialist.

Accreditation: Rady Children’s Hospital-San Diego is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CME Credit: The Rady Children’s Hospital-San Diego designates this live activity for a maximum of 4.0 AMA PRA Category 1 Credit(s) TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The following Boards recognize the use of Category 1 Continuing Medical Education credit toward credit for contact hours.

Report “CMA Category 1 credit” ACCME Provider.
American Academy of Physician Assistants
California Board of Psychology
MCEP
California Board of Registered Nursing
California Board of Pharmacy

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Please Register & Pay by October 12, 2012
to benefit from reduced registration fee.

Name______________________________Office______________________________
Email_________________________________________________________
Phone__________________________________________________________

Circle $25 by Oct 12th OR $40 after Oct 12th
Check or Money Order Payable to: RCHSD/CME
For Credit Card payment: Visa/MasterCard/American Express/Discover
CC#_________________________Exp.________Billing Zip Code________Security Code________

Mail to: Rady Children’s Hospital-San Diego
3020 Children’s Way, MC 5101, San Diego 92123 Att: Kat Ford
Questions - KFord@RCHSD.org or (858) 966-1700, ext. 6989 or FAX (858) 966-4957

Cancellations received on or before October 1, 2012 will be fully refunded.
Due to costs incurred, cancellations received after October 1, 2012 will not be refunded.
About Rady Children’s Specialists of San Diego

We are committed not only to offering the most advanced diagnostic and therapeutic options, but also to providing responsive customer and patient service. RCSSD’s physicians are pleased to provide health services ranging from one-time consultation to comprehensive treatment and follow-up, and are committed to maintaining effective communication to provide the best care.

Our Mission

To provide specialty services that are state of the art, comprehensive and family-centered in order to improve the health and well-being of infants, children, adolescents and mothers with high-risk pregnancies.

Our Vision

To be the premier provider of healthcare to infants, children, adolescents and mothers with high-risk pregnancies, through excellence in clinical care, research, teaching and advocacy.