

My trip to the doctor...



Rady Children's





I am going to see the doctor today!



After we park the car, we will walk into the hospital. It's a big building where the doctor works.



We will wait in the heart center for them to call my name. I can sit in the big chairs.



We will wait for them to call my name, I can play quietly in the waiting room.



When it's my turn to see the doctor, they will call my name and I will walk with them to see how big I am!



I will take my shoes off before I the nurse checks how big and tall I am.



I will show the nurse I am big and strong. I will stand still so the nurse can weigh me and measure me.



Then we will walk down the hallway to the exam room. My parents can come with me!



There are machines with lights and sounds in the exam room. There is a TV too!



I won't touch the machines but I can watch the TV!



The nurse will get things ready to check my heart. I will watch TV and wait quietly.



I will lay down and my parents can stay with me and hold my hand.



Now it's time to get started! The nurse will put cold wet stuff on the machine to check my heart.



I will lift my shirt up. It will feel cold and wet on my skin. Its won't hurt.



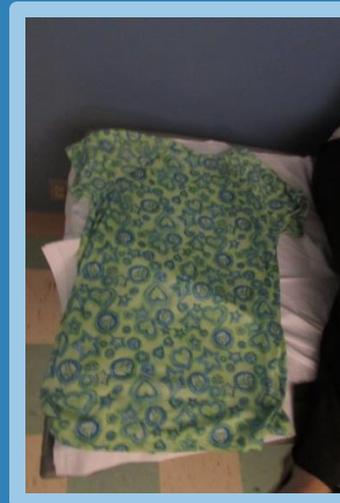
When it touches my skin, the computer will show pictures of my heart!



I can look at the pictures of my heart or I can watch TV. I need to lay down and be still.



It doesn't hurt when the doctor looks at my heart. I can hold hands with my parents if I'm scared.



I might get to change into a dressing gown or I might stay in my own clothes.



Soon I will be all done and I can sit up.



Hive fives for being so brave at the heart doctor! It wasn't scary and it didn't hurt!



Sometimes the doctor has stickers for doing a good job!



There is a McDonald's by the doctor's office that I can visit after my appointment.



There is a gift shop that I can visit after my doctor's visit.



Then it will be time to go back to the car and go home!