My Trip to the Doctor
I am going to see the doctor.

First we will park the car.

The big white doors will open so we can walk in.

There will be a desk with lots of colors and bright lights.
I can stand on the feet while I wait.

First we will wait with my parents until they are ready. I can watch TV and play with my favorite toy.

I can also play in the activity room while I wait for the staff to call my name.

The nurses and doctors are here to help me grow big and strong!
I will stand on the scale so they can see how big and tall I am growing!

The nurse’s aide will connect my finger to the computer to check on me. It won’t hurt.

The nurse’s aide will want to hear my heart beat too! It won’t hurt.

After my heart, the nurse’s aide will place a wrap on my arm. It will be tight for a short time. It won’t hurt.
I will feel so brave with the wires on my finger, my chest and my arm!

The nurse’s aide will wait with me while the machines tell them I’m healthy!

There will be machines and cool stuff to look at while the nurse’s aide checks me. It won’t hurt.

We will take the wires off and put a gown on to get ready for surgery.
I get my own mask! First we have to make sure it fits me.

We’ll use lip gloss that smells really good!

I can help put the lip gloss in the mask.

It fits! I’m all set.
The nurse will show me what to do and keep me safe while I am with the doctors.

I will lay down and they will put seat belts on me to keep me safe.

I will say bye to my parents and walk with the nurse. The nurse will help me if I am scared.

The nurse will take my temperature and put straps on my hands. It won’t hurt.
I can stand on the feet while I Then it’s time to go meet my doctor. It’s fun to lay down while my bed moves.

The doctor will put my special mask on that fits just right and I will fall asleep for a while. It won’t hurt.

When I wake up, I can watch TV and see my parents!

Everyone will be proud of me for being brave and strong.
I can get presents for being brave at the doctor!

I even get a yummy popsicle when I am all done.

The nurses will give me stickers for doing a good job!

Later, I can look at the train set and eat my popsicle!
There is a McDonald’s by the doctor’s office that I can visit after my appointment.

There is a gift shop that I can check out after my visit.

Soon it will be time to go to the car and go home!