Date:

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Breakfast | | | Lunch | | | Dinner | | | Bedtime | | |
| LONG acting insulin | | |  | | | LONG acting insulin | | |  | | |
| [ ] NPH | | \_\_\_\_ units |  | |  | [ ] Lantus | | \_\_\_\_ units |  | |  |
| SHORT acting insulin  [ ] Humalog / Novolog | | | SHORT acting insulin  [ ] Humalog / Novolog | | | SHORT acting insulin  [ ] Humalog / Novolog | | | SHORT acting insulin  [ ] Humalog / Novolog | | |
| Glucose | | Dose | Glucose | | Dose | Glucose | | Dose | Glucose | | Dose |
| 70-  151-  201-  251-  301-  351-  401-  451- | 150  200  250  300  350  400  450  500 | \_\_\_\_ units  \_\_\_\_ units  \_\_\_\_ units  \_\_\_\_ units  \_\_\_\_ units  \_\_\_\_ units  \_\_\_\_ units  \_\_\_\_ units | 70-  151-  201-  251-  301-  351-  401-  451- | 150  200  250  300  350  400  450  500 | \_\_\_\_ units  \_\_\_\_ units  \_\_\_\_ units  \_\_\_\_ units  \_\_\_\_ units  \_\_\_\_ units  \_\_\_\_ units  \_\_\_\_ units | 70-  151-  201-  251-  301-  351-  401-  451- | 150  200  250  300  350  400  450  500 | \_\_\_\_ units  \_\_\_\_ units  \_\_\_\_ units  \_\_\_\_ units  \_\_\_\_ units  \_\_\_\_ units  \_\_\_\_ units  \_\_\_\_ units | 70-  151-  201-  251-  301-  351-  401-  451- | 150  200  250  300  350  400  450  500 | \_\_\_\_ units  \_\_\_\_ units  \_\_\_\_ units  \_\_\_\_ units  \_\_\_\_ units  \_\_\_\_ units  \_\_\_\_ units  \_\_\_\_ units |