Date:

|  |  |  |  |
| --- | --- | --- | --- |
| Breakfast | Lunch | Dinner | Bedtime |
| LONG acting insulin |  | LONG acting insulin |  |
|  [ ] NPH  | \_\_\_\_ units |  |  |  [ ] Lantus | \_\_\_\_ units |  |  |
|   SHORT acting insulin [ ] Humalog / Novolog |  SHORT acting insulin [ ] Humalog / Novolog |   SHORT acting insulin [ ] Humalog / Novolog |   SHORT acting insulin [ ] Humalog / Novolog  |
| Glucose | Dose | Glucose | Dose | Glucose | Dose | Glucose | Dose |
| 70-151-201-251-301-351-401-451- | 150200250300350400450500 | \_\_\_\_ units\_\_\_\_ units\_\_\_\_ units\_\_\_\_ units\_\_\_\_ units\_\_\_\_ units\_\_\_\_ units\_\_\_\_ units | 70-151-201-251-301-351-401-451- | 150200250300350400450500 | \_\_\_\_ units\_\_\_\_ units\_\_\_\_ units\_\_\_\_ units\_\_\_\_ units\_\_\_\_ units\_\_\_\_ units\_\_\_\_ units | 70-151-201-251-301-351-401-451- | 150200250300350400450500 | \_\_\_\_ units\_\_\_\_ units\_\_\_\_ units\_\_\_\_ units\_\_\_\_ units\_\_\_\_ units\_\_\_\_ units\_\_\_\_ units | 70-151-201-251-301-351-401-451- | 150200250300350400450500 | \_\_\_\_ units\_\_\_\_ units\_\_\_\_ units\_\_\_\_ units\_\_\_\_ units\_\_\_\_ units\_\_\_\_ units\_\_\_\_ units |