EMERGENCY LOW BOX

Have a "Low Box" in each of your child's classrooms (one for elementary, multiple for middle or high school). This is especially important in the event of a lockdown or shelter in place, or a severe low where it would be dangerous for your child to walk to the nurse's office to treat. Photo of child and brief description on the outside is helpful for substitute teachers.

Contains fast acting carbs such as:

- apple juice boxes
- fruit snacks
- glucose tabs
- glucose gel
- frosting gel
- Airheads
- Starbursts
- Skittles
- Pixie Stix
- Sweetarts, etc