RN / AFTERCARE SNACK BOX

Keep a kit in your child's sling / diabetes bag, a kit in the school RN office, and a kit for Mom & Dad or caregivers. One should be with your child at all times.

UPPER TIER: Various snacks your child likes such as:
- chips
- granola bars
- popcorn
- Goldfish
- yogurt raisins
- trail mix
- cheese or PB crackers
- nuts
- jerky

LOWER TIER: EMERGENCY LOW items such as:
- apple juice boxes
- glucose tabs
- glucose gel
- fruit snacks
- frosting gel
- Skittles