

# Autism Discovery Institute

3685 Kearny Villa Rd, San Diego, CA 92123 858.966.7453 [www.rchsd.org/autism](http://www.rchsd.org/autism)



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## WHAT'S NEW

The Autism Discovery Institute is the proud recipient of a Flutie Foundation grant that will enable ADI to provide training and consultation for hospital departments and staff at Rady Children's Hospital, San Diego. Medical teams throughout the hospital will be trained and given resources on ways to improve patient visits for children with autism spectrum disorders. Whether going in for a routine check-up or a more intensive procedure, Rady Children's Hospital and the Autism Discovery Institute are committed to providing the best possible care for children with ASD.



## MEET LINDA MARTIN

Linda Martin, MME, MT-BC, is the Autism Program Coordinator at the Autism Discovery Institute. She wears several hats including providing coordination of care and resource information for families, training hospital staff on ASD specific strategies and program development. A Board-Certified Music Therapist, when Linda is not at ADI, she provides music therapy assessments for school-age children with special needs. She has worked with children with ASD for over 14 years in a variety of capacities including providing behavioral support in both the residential and in-home settings, within the inclusion-preschool setting and in the public and private schools. She enjoys working in a field where there is always more to learn and another challenge to embrace.



### TODAY'S TIP: Public Outings - Provided by Chelsea Stotler, Alexa's PLAYC Teacher

Public outings may be a source of stress for some parents with children with ASD, especially when having to deal with challenging behaviors in public. Try to plan your stops in advance, create a schedule for your child and intersperse preferred activities to keep your child motivated. If behavior problems arise, make sure your child is safe, but follow through with demands as you would in the home setting.

## RESEARCH CORNER

**Autism Model of Implementation** – Dr. Amy Drahota was recently awarded a 5-year grant from the National Institutes of Mental Health entitled, *Developing the Autism Model of Implementation for ASD Community Providers*. By collaborating with ASD community providers, this study will develop the Autism Model of Implementation (AMI), a systematic process to efficiently implement new treatments in community-based agencies serving children with autism. Currently, ASD agency leaders are being recruited to participate in a questionnaire study to gather data about how agencies determine whether they need to adopt a new treatment and the process used to implement new treatments. Information from this study will help inform the development of the AMI. Once developed, a pilot test of the AMI will be conducted to implement an evidence-based intervention in participating agencies. For more information or to participate, please contact Amy Drahota at 858.966.7703 x3155 or [adrahota@casrc.org](mailto:adrahota@casrc.org).

## SUCCESS STORIES

The Autism Discovery Institute had a great time at the 2012 Shamu and You Walk! We had over 100 team members and raised \$3,724 to support programs and services for children with autism spectrum disorders! If you missed the fun last year, don't miss out in 2013!



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