

Free Prevention Services for all Rady Children's Hospital Employees



Car Seat Inspections and Safe Travel Education:

- ⇒ Inspection of car seats
- ⇒ Safety in and around vehicles
- ⇒ Protect your child from overheating in the car
- ⇒ Next steps and safety for the whole family
- ⇒ Learn the safest way to travel on all means of transportation: Trains, Planes and recreational vehicles
- ⇒ **Visit** www.rchsd.org/kohls-transportation to schedule an appointment

Home Safety Counseling:

- ⇒ Age-specific recommendations
- ⇒ Personalized recommendations for your lifestyle and home
- ⇒ Access to low-cost safety products
- ⇒ One on one counseling by appointment only
- ⇒ Use of our state of the art interactive computer program to help you identify the highest injury risk for your children
- ⇒ **Call** 858-966-7973 to schedule appointments

Group Presentations:

- ⇒ **Visit** rchsd.org/injury-prevention click on Safe Kids and the Safety Store to see the classes we offer which include:
 - ⇒ Safe Beginnings - For new or expecting parents
 - ⇒ Safe Start - For preschool safety
 - ⇒ Sports injury prevention
 - ⇒ Home Safety
 - ⇒ Burn Prevention
 - ⇒ Drowning Prevention
- ⇒ **Gather** your friends, PTA group or sports team
- ⇒ **Email** mbmoran@rchsd.org to schedule a presentation

To view all of our public "Calendar of Events" please visit
www.rchsd.org/injuryprevention