



**Partnership for  
Smoke-Free Families**

A Partnership Project of  
Rady Children's Hospital  
Scripps • Sharp

Health • Wellness • Community

**S M O K E R S ' H E L P L I N E**

**Call 1-800-NO-BUTTS (1-800-662-8887)**

To protect your baby's health, your health and the health of your loved ones, I recommend you quit smoking. Trained telephone counselors are ready to help you become smoke-free.

Monday-Friday 7 a.m.-9 p.m.  
Saturday 9 a.m.-1 p.m.

Voicemail: 24 hours

Signature

PSF Program funded by Rady Children's Hospital, Scripps and Sharp.  
[www.sdSmokeFreeFamilies.com](http://www.sdSmokeFreeFamilies.com)



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