

**Winter  
2008/2009**



# **Newborn Screening 411**

**RCHSD  
Newborn Screening  
Area Service Center**

## **Important Reminders**

- Please do not refrigerate newborn screening specimens. Specimens that are awaiting transport should be stored at room temperature, away from heat and moisture.
- Specimens should be sent out at the first available transport pick-up. Do not "batch" specimens and wait for several to accumulate before sending them out.
- Please ensure the TRF is filled out completely and accurately. This is important for the interpretation of the results and allows for more efficient follow up if the results are positive.

## **New Staff Member**

We are happy to welcome our new Community Liaison, Michelle. Michelle attended Humboldt State University where she earned her Bachelor's degree in Social Work. Michelle has experience in many different public health settings and is excited to be working with the Newborn Screening Program.

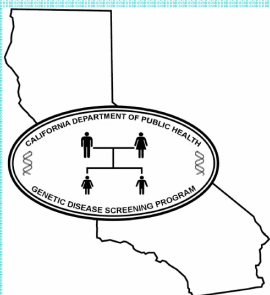
## **Riverside County: GSO is the way to go!**

In December 2008, **Golden State Overnight (GSO)** courier service began transporting Newborn Screening specimens from hospitals in Riverside County. Each hospital provided GSO with the name of a contact person, the specimen location, and the preferred time for pick-up.

GSO provides the mailing envelopes and labels. The standard label (marked "PDS") should be used for pick-ups occurring on Monday through Thursday; the label marked "**SDS**" should be used for **Friday** pick-ups. GSO does not pick-up on Saturday or Sunday. Each envelope (with no more than 10 specimens per envelope) must be sent with a GSO label. Before mailing, please remove the tracking number sticker from the GSO label and place it on the hospital's copy of the transport log. This will allow your hospital to track specimen shipments on the GSO website at [www.shipgso.com](http://www.shipgso.com). In addition, we may occasionally request the GSO tracking number from you.

Specimens have been arriving at the Newborn and Prenatal Screening (NAPS) Lab in Fresno, CA as soon as 24 hours after pick-up! This allows specimens to be processed much sooner. The number of specimens arriving at the lab too old (>14 days) to be tested should be greatly reduced with this service. You should also receive your results mailers sooner, which will enable you to complete the required 14-day chart reviews more efficiently.

To order materials from GSO, please contact Molly Stewart at (916) 636-5135. If you have any questions regarding GSO service as it pertains to the Newborn Screening Program, you may contact Revelyn Cayabyab at the Genetic Disease Screening Program at (510) 412-1496.



# Test Request Form (TRF) Update

**RCHSD**

**Newborn Screening  
Area Service Center**

**LOCATED AT:**

7920 Frost Street, Suite 302  
San Diego, CA 92123

**MAILING ADDRESS:**

3020 Children's Way  
Mail Code 5116  
San Diego, CA 92123

**PHONE:**

**(858) 966-8708**

**FAX:**

**(858) 966-8709**

For more information visit:

[www.dhs.ca.gov/NBS/](http://www.dhs.ca.gov/NBS/)



*"It is the nature  
of babies to be in  
bliss."  
-- Deepak Chopra*

12/2007 TRF

12/2008 TRF

**NEW!**  
More room for the city. If family or provider is outside of CA, please include the state abbreviation after the city.

**IMPORTANT CHANGE!**  
Separate question from "All feeding." (please see below for more information)\*

**ADDED!**  
This is needed to determine appropriate follow-up

**PLEASE COMPLETE!**  
Both the "All feeding" question and the "TPN" question.\*

\* **Important note about feeding:** please provide *both* the "TPN" information and the "All feeding" information. For the "TPN" section, please mark "yes" if the baby was receiving TPN or amino acids at the time of collection, otherwise mark "no." This information is crucial for the accurate interpretation of the newborn screening result. For the "All feeding" section, please provide *all* nutrition since birth.

## Please Verify Address on All NBS Forms

It has come to our attention that some of our facilities have outdated versions of the NBS "special" forms. These forms include the Newborn Screening Not Obtained (NBS-NO) form, the Newborn Screening Missing Results (NBS-MR) form, and the Newborn Screening Test Refusal (NBS-TR) form. Please check your supplies and confirm that the mailing address on the forms is in Richmond, CA, not Berkeley, CA. Any forms with Berkeley, CA should be replaced. You may order replacements by calling (510) 412-1542.