



A PROGRAM OF RADY CHILDREN'S HOSPITAL

# Sports Injury Prevention Seminar

Saturday, May 30th  
2:00 — 3:00 PM

3665 Kearny Villa  
Road, Suite 300  
San Diego, CA 92123



Injury Prevention Seminar Includes  
Education, Instruction & Training on:

- Current Research on Athletic Injuries
- Strategies for Preventing Athletic Injuries
- Review of Effective Exercises & Stretches



For registration contact:

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**LIMITED AVAILABILITY**