

QUICK FACTS:

- An X-ray is a way to see the inside of your child's body through pictures.
- Your child will be awake throughout this exam.
- Your child can partake in normal activities and diet afterward.



THINGS TO KNOW:

- X-rays vary in time depending on the part of the body the X-ray will be taking pictures of. (Also how well your child can stay still.)
- X-rays are generally quick exams.
- X-rays are not painful in any way.

ABOUT THE X-RAY:

- The goal of the exam is to take X-ray pictures of your child's body. Location of pictures will vary depending on the type of X-ray ordered for your child.
- Your child may be asked to remove any jewelry he or she might have on, and possibly change into a hospital gown.
- Your child will be asked to either stand or sit in a certain position, or lie down on a table.
- The Radiology Technologist will then use the X-ray camera to take pictures. They will do this by placing the camera near the area of your child's body the X-ray was ordered for.
- The camera can sometimes be intimidating for children. The camera is big, but will never touch them.
- The room may be dark, and light will emit from the camera to help the Radiology Technologist line it up with your child's body.
- Your child will need to hold completely still for X-ray pictures to be taken.
- Sometimes a Radiologist will assist with pictures depending on the situation.
- After the pictures are taken the exam is complete.

PARENT/ GUARDIAN'S ROLE DURING EXAM:

- Parents and guardians are welcome to be present during exam to support their child.
 - Due to use of radiation, women who believe there is a possibility they may be pregnant or are pregnant will not be allowed in room while X-ray is being used. These women may be with their child during times when radiation will not be used.
- Medical staff will instruct parents/guardians on where to sit/stand while in the room to help the exam run smoothly.
- Parents/guardians are encouraged to help their child relax and keep calm during the exam.
- Parents/guardians are also a great help when encouraging the child to hold still during pictures.
- If your child has any comfort items such as stuffed animals, a small handheld toy, or blanket please feel free to bring them along.

PEOPLE YOU MAY MEET:

- Radiology Technologist
- Radiologist



AFTER THE EXAM:

- After an X-ray your child can resume normal activities:
- No special care or follow-up is needed after an X-ray.

ADDITIONAL INFO:

- This informational sheet is to provide basic knowledge of an X-ray exam. Exam experiences may vary depending on your child's age or developmental level.
- Your technologist for the exam will explain the exam in detail, so please feel free to ask questions if needed. We as a hospital team are here to support both you and your child throughout your experience.