

WHAT IS CHILD LIFE?

- Child Life Specialists are nationally certified, trained in child development, and are available to help educate and prepare you and your child prior to their Radiology procedure.
- Sometimes it is difficult to know how to explain exams or procedures to your children. Child Life uses visuals, sensory experience, and conversation to appropriately prepare your child for their procedure depending on their age and developmental level.
- Distraction and comfort during procedures is also provided by Child Life.
- Currently, Child Life is available Monday-Friday from 8:00am-12:30pm. If you are interested in Child Life Services for your child during their procedure, please make sure your child's appointment falls in this time frame.

HOW CAN I CONTACT CHILD LIFE IN RADIOLOGY?

- Currently, Child Life is available in the Radiology Department Monday-Friday from 8:00am-12:30pm.
- If you would like to speak with a Certified Child Life Specialist about your child's upcoming procedure, please call the Radiology Department at 858-966-5861 during these hours, and ask to speak to a Child Life Specialist.
- It's recommended to call a MINIMUM of three business days before your child's procedure to ensure contact with a Child Life Specialist.
- If a Child Life Specialist is not available at the time of your call, please leave your name, child's procedure date and time, and a phone number to reach you for a return call.

EXTRA RESOURCES FOR RADIOLOGY PROCEDURES:

- If you prefer online information, please visit the following Rady Children's Radiology department website, and click on "Preparing Your Child" on the left hand side of the page.
 - <https://www.rchsd.org/programs-services/radiology/>
- Here you will find information on your child's procedure, as well as how to help your child cope through the procedure.
- If link above does not work, a simple search for "Rady Children's Radiology" will bring results for the department home page where you can click on "Preparing Your Child" on the left hand side of the page.

