

How is my child's asthma care working?

Asthma patients may feel that they have their asthma under control. However, often times it is not. A simple questionnaire, called the Asthma Therapy Assessment Questionnaire is used at Rady Children's Hospital. It is made up of 8 questions that are scored with a zero or one.

In the past 4 weeks, did your child:	Zero (No)	1 (Yes)
Have wheezing or difficulty breathing when exercising?		
Have wheezing during the day when not exercising?		
Wake up at night with wheezing or difficult breathing?		
Miss days of school because of his/her asthma?		
Miss any daily activities (such as playing, going to a friend's house, or any family activity) because of asthma?		
Do you believe that your child's asthma was well controlled in the past 4 weeks?		

Does your child use an inhaler or nebulizer for quick relief from asthma symptoms?		
<ul style="list-style-type: none"> If yes, in the past 4 weeks what is the greatest number of times in 1 day your child used an inhaler/nebulizer? 		

Answers to these questions show the level of asthma control. Children with poor asthma control have more asthma-related hospitalizations, ER or urgent care visits, and doctor visits than those with good control. The questions let us know when children may be in need of changes in their asthma care.

The doctor will meet with you during your visit and discuss the results of this questionnaire.