## Tape adhesion tips for insulin pumps and CGM

### **Preparing your skin:**

 Wash your hands with soap and water then clean site with alcohol. Allow site to dry before applying infusion set/pod/sensor.

# Rady Childrens Hospital San Diego

## **Antiseptics:**

- Hibiclens: Antibacterial wash
- I.V. Prep: Antiseptic wipes (box of 50)

### Skin barriers to help protect your skin:

- Skin-Prep
- Torbot Skin Tac
- Bard Protective Barrier Film
- Allkare Wipes
- Hollister Skin Gel Protective Dressing Wipes
- 3M Cavilon No Sting Barrier Film
- Flovent Nasal Spray: Spray on site prior to applying infusion to help reduce skin irritation

## Helping the infusion set/pod/ sensor stick:

- Torbot Skin Tac
- Mastisol

### **Holding the product in place:**

- Tegaderm HP (box of 50)
- IV3000 (box of 50)
- Mefix tape roll (2 inch x 11 yds)
- Opsite flexiflex roll (4 inch x 11 yds)
- Bands 4 life arm bands www.bands4life.net
- Grifgrips (package of 5) <a href="www.grifgrips.com">www.grifgrips.com</a>