The goal of the 2019 Suicide Prevention Symposium is to provide a county-wide forum for parents/guardians to learn, engage, and plan together to address the problem of youth suicide, with a focus on young people between ages 10 and 19.

Keynote Address by Stan Collins, Suicide Prevention Specialist, Directing Change Program & Film Contest

Agenda at a Glance:
- The problem of youth suicide; statistics, signs and symptoms
- Suicide prevention including safe messaging and QPR skills training
- Family and parent roles in supporting and advocating for youth safety
  - Typical youth development, including the teen brain
  - Resilience building and coping strategy development
- Action plan brainstorm and creation

Registration opens Sept 1, 2019.
Registration: https://www.ninthdistrictpta.org/events/suicide-prevention-symposium-2019/
Cost: $20, includes all materials, coffee, water and boxed lunch.
Simultaneous Spanish Translation Available

Proceeds from this event go to support scholarships for the Rady Children’s Hospital-San Diego Weekend Medical Academy - Mental Health Matters in Medicine.