

Allergy Friendly Manufacturers

[88 Acres](#)

Seed-based bars, protein bars, butters, granolas and dressings. Free from tree nuts, peanuts, wheat, soy, milk, sesame, eggs, fish, shellfish, mustard, corn.

[Arrowhead Mills](#)

Wheat-free and gluten-free baking mixes, grains and flours. Look for the gluten-free product line.

[Barney Butter](#)

Almond butter, almond flour and other almond products made in certified peanut-free facilities and free from other tree nuts, as well as milk, egg, soy, fish, shellfish, and sesame.

[Birkett Mills](#)

Buckwheat products, including cream of buckwheat and flours.

[Bob's Red Mill](#)

Gluten-free products, baking products, flour mixes, cereals, grains and seeds.

[Bread Srsly](#)

Gluten-free bread and rolls. Free from Top 8 allergens, as well as potato, sesame, and chickpea.

[Cherry Brook Kitchen](#)

Baking mixes, frostings and cookies free of wheat, gluten, peanuts, nuts and eggs. Offers vegan products.

[Divvies](#)

Vegan and nut-free treats, including cookies and popcorn.

[Earth Balance](#)

Vegan, gluten-free mayonnaise and margarine. This product line includes a soy-free and egg-free mayonnaise, as well as a soy-free and dairy-free margarine.

[Eden Foods](#)

Grains and 100% buckwheat noodles.

[Edward & Sons](#)

Organic, vegetarian products, including rice crackers, wheat- and dairy-free macaroni and cheese, sauces and gluten-free products.

[Ener-G Foods](#)

Cooking mixes, egg substitute, baked goods, pasta. Search by allergen for wheat-free, gluten-free, dairy-free, or nut-free products and more.

[Enjoy Life Foods](#)

Wheat-free, gluten-free, dairy-free, peanut-free, tree-nut free, egg-free, soy-free, fish-free, shellfish-free bagels, snack bars, cookies, cereals, granola and chocolate.

[Follow Your Heart](#)

Egg-free, dairy-free, gluten-free cheeses, dressings and sauces. Product line includes an egg-free and soy-free mayonnaise. Most products do contain soy.

[Food For Life](#)

Wheat-free breads and tortillas. Look for their gluten-free line of products; they are made in a separate area of the plant on dedicated equipment.

[Ian's Natural Foods](#)

Wheat-free, gluten-free, milk-free, casein-free, egg-free, nut-free and soy-free frozen meals and snacks.

[King Arthur Flour](#)

Wheat-free, gluten-free flour made in a dedicated allergen-free facility.

[Kinnikinnick Foods](#)

Wheat-free, gluten-free, casein-free, peanut-free and tree-nut free breads, mixes, snacks and desserts. Some products are Top 8 free and some are also free of yeast.

[Kite Hill](#)

Almond- and coconut-based yogurts, and almond-based cream cheese, ricotta cheese, and sour cream alternatives.

[Libre Naturals Inc.](#)

Products are free of the top 11 food allergens (peanuts, tree nuts, dairy, eggs, soy, wheat, fish, shellfish, sesame, sulfites and mustard) no GMOs, no preservatives, colors or artificial flavors and are Kosher Certified and Certified Gluten Free. Libre Naturals only sources oats grown under the purity protocol and they are 3rd party certified to global food safety standards.

[Lundberg](#)

Rice-based products including rice cakes, chips, flour, pasta, risotto and syrup that are free of wheat. Some products contain milk.

[Made Good](#)

Granola bars and snacks baked in a dedicated nut-free facility and all snacks are free from the most common allergens, including sesame.

[Namaste Foods](#)

Wheat-free, gluten-free, corn-free, soy-free, potato-free, dairy-free, peanut-free, tree nut-free baking mixes and pasta meals.

[Orgran](#)

Wheat-free, gluten-free pasta, bread, cereals, pancake mix and snack items. All products are dairy-free, yeast-free, egg-free and vegan. Most products are soy-free, tree nut-free and peanut-free.

[Pacific Foods](#)

Dairy-free beverages

[Partake Foods](#)

Cookies free from Top 8 common food allergens.

[Starry Lane Bakery](#)

No egg, dairy, soy, gluten, peanut, tree nuts, fish, shellfish, sesame, or mustard. Located at 3925 4th Ave, San Diego, CA 92103. Telephone (619) 328-0500.

[Sun Butter](#)

Sunflower seed spread that is gluten-free, as well as peanut- and tree nut-free.

[Superseedz](#)

Gourmet pumpkin seeds free of the Top 8 food allergens.

[Taste the Dream](#)

Dairy-free beverages and ice cream.

[Tinkyada](#)

Rice pasta that is wheat- and gluten-free.

[So Delicious Dairy Free](#)

Dairy-free ice cream, sorbet, beverages, yogurt and creamer.

[Udis](#)

Wheat-free, gluten-free bagels, bread, pizza dough, cookies and muffins. Most products contain egg.

The manufacturers below make multivitamin and mineral supplements mindful of food allergies. Learn more about their products on their websites.

[Freedas Vitamin Vitalets](#)

[Kirkman Children's Multivitamins](#)

[Solace Nutrition](#)