

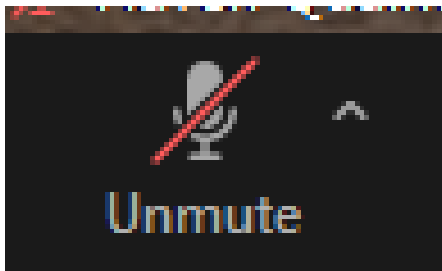
Let's Join Picnic Group!



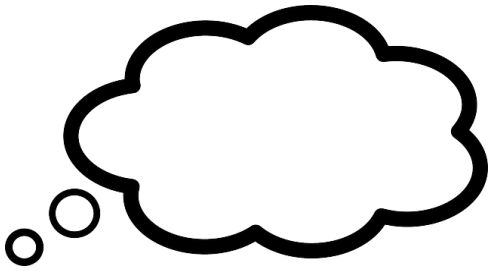
Hi! Picnic Group is a fun way to play and learn about food!



I will meet new teachers and friends on my screen! We will play games and have fun with food.



Sometime it is my turn to talk. Sometimes my teacher will mute me so my friends can talk



First, we will check the group plan.



Then, we will spin the wheel and teach our friends different ways to wake up our bodies.



Next, it's time to wash our hands and clean the table.



I can sit at the table with my adult helper. We will need a napkin and a plate. I'm ready to explore foods!

*My adult helper will give me lots of different foods.
They might be different colors or shapes.
They might be hard, soft, chewy, crunchy, maybe even mushy or squishy.*

I can explore new foods with my hands, nose, lips, teeth, or tongue!



I can use my fingers/hands to touch it!



I can use my nose to smell it!



I can kiss it!



I can lick it with my tongue!



I can paint on silly faces!



I can hold it in my lips!



I can pick up my food to blow it away!



I can use my strong teeth to bite!



I can chew and swallow!



After we eat and drink,
we can say goodbye to
the rest of our foods and
clean up.



Then it's time to wash
our hands.



Everyone will get a turn
to teach the group about
one food they explored
during group before we
say goodbye.

