

**Other ways to say "Eat another Bite"**

1. Describe properties (soft, hard, mushy, crunchy, hot, cold, big, little, etc.)

- ◆ Do you want the **Big** (cheese) or the **Little** (cheese)?
- ◆ How **Loudly (Softly)** can you crunch that one?
- ◆ Can you make this (cracker) **Crunch**?



2. Describe your **own** interactions with the food

- ◆ Yum, **I like** these noodles
- ◆ **I can** put my noodles in this sauce
- ◆ **Brrr**, this drink is **cold**

3. Create a **new way** to try or interact with the food

- ◆ Can you pick up that (piece of bread) with **This toothpick**?
- ◆ **You can bite** the cat's tail
- ◆ Which **Side** do you want to crunch that on?



4. Give choices

- ◆ Which do you **want first**, this (banana) or this (grape)?
- ◆ Do you want your (smoothie) in **This cup** or **That cup**?
- ◆ **Which straw** do you want to use for your drink?
- ◆ Which **part of this cat shape** (cut with cookie cutter) do you want to bite?

5. Combinations

- ◆ I can lick these **sprinkles** off my (carrot stick)
- ◆ Dad, do you want some (chicken)?
- ◆ Do you want to **taste** the (oatmeal) off the **spoon or the whistle**?

6. AVOID THESE-

- ◆ Any question that can be answered with **yes or no. Instead try:**
  - i. "Show me how you....."
  - ii. "What do you want to eat?" or "Do you want chips or crackers?"
  - iii. "Tell me what it feels like. Is it warm or cool?"
- ◆ Unreasonable requests ("You have to eat it all to win a prize") & overly challenging options ("Do you want stewed tomatoes or canned peaches?")