

I CAN EAT LOTS OF DIFFERENT FOODS



I used to LOVE all kinds of food!



Then, something got stuck in my throat. It scared me, and now I only like to eat foods that are soft. I like soup, Spaghettios, ice cream, pudding, and yogurt because they are yummy!



Sometimes, my family eats foods that are soft. But, sometimes my family eats foods that are hard because they taste yummy. My family likes to eat meat, fruits, vegetables, and bread.



I used to eat hard foods. But then one day, I got something stuck in my throat. Now, sometimes I am scared when I try to eat foods that are hard.



Hard foods feel funny in my mouth, and sometimes I am afraid the food will get stuck in my throat.



That's why I go to see Miss A. She helps me eat hard foods because hard foods are yummy and good for me too!



If I work hard and listen to Miss A and my Mom, I can eat hard foods and not be afraid!

