

## Touch & Smell Guessing Games

### The Nosey Nose

Line up a variety of food items that have different smells in cups. Keep the food item covered.

Some suggestions:

Onion	Lemon	Banana	Strawberries
Green pepper	Tuna Fish	Cheese	Salad Dressing
Cinnamon stick	Minty Food (gum/candy)		

Ask your family to close their eyes and then bring the cup to their nose (uncovered). See if they can guess what they are smelling.

### It's in the Bag

Gather a variety of foods such as:

Orange	Onion	Banana	Apple
Lettuce	Garlic	Peach	Pepper
Kiwi	Grapes	Carrot	Starfruit

Place each item in a separate small paper bag. Pass the bag around to your family members and have them silently touch the item. Guesses about what the items are can begin after everyone has had a chance to touch each food item.