

“Try It” Re-Defined

- ⇒ Start with being in the same room as the food
- ⇒ Allow the food to be at the table
- ⇒ Allow the food onto the plate
- ⇒ Smell the food when someone else offers it
- ⇒ Touch the food with a utensil
- ⇒ Touch the food with your hand, finger
- ⇒ Give the food to someone else
- ⇒ Bring the food up to the nose to smell it
- ⇒ Bring the food up to the lips
- ⇒ Lick it
- ⇒ Put the food in the mouth (and then spit it out)
- ⇒ Put the food in the mouth (and chew it...and then spit it out)
- ⇒ Put the food in the mouth and then swallow it