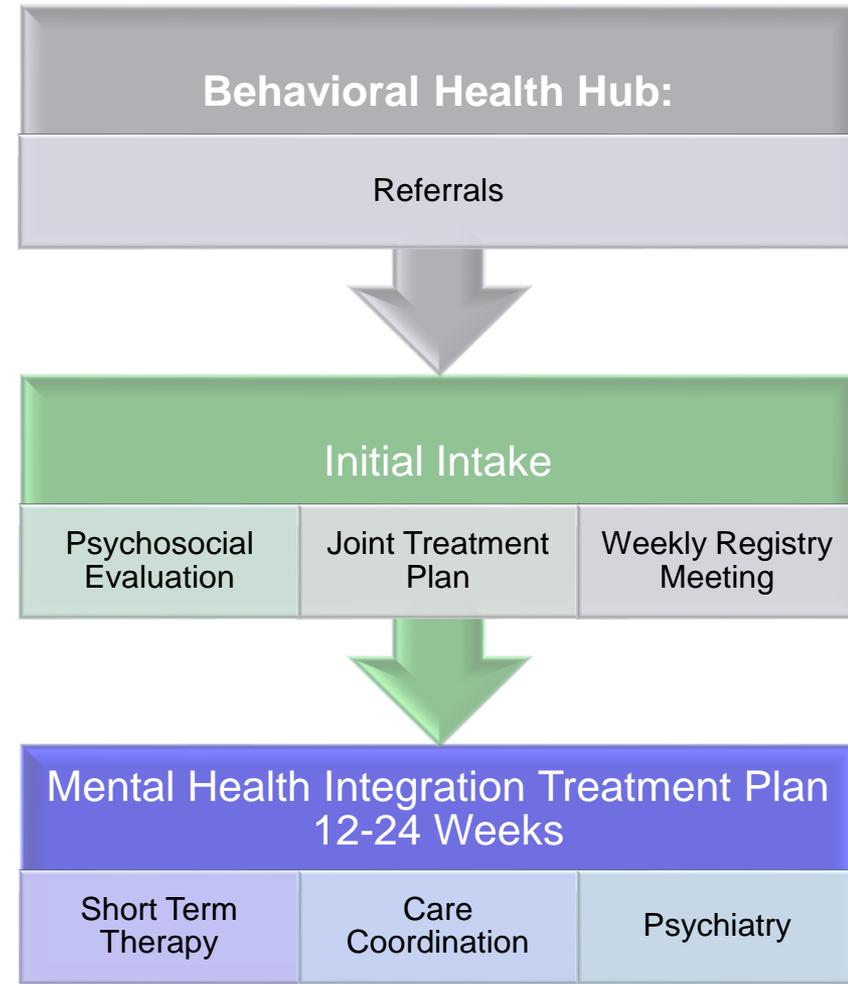
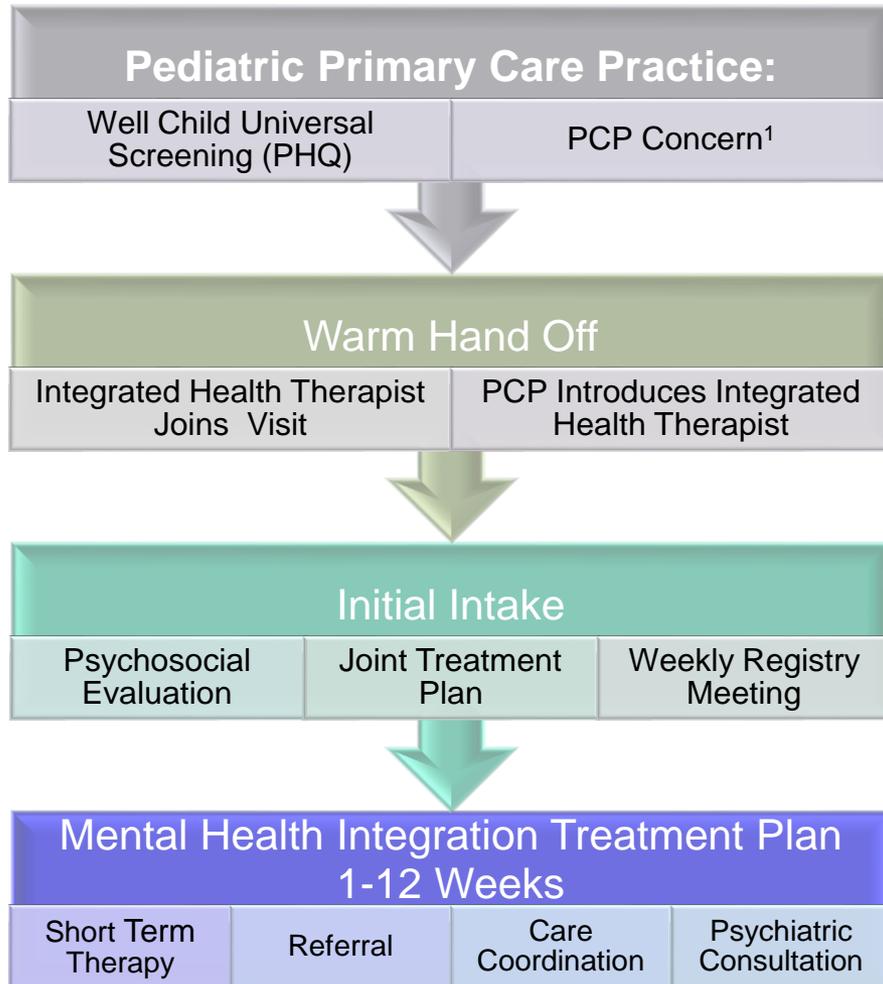


**Rady Children's Hospital – San Diego
&
Children's Primary Care
Medical Group**

Primary Care Behavioral Health Integration Model

Rady Children's Hospital - San Diego with Children's Primary Care Medical Group & Children's Physicians Medical Group

Primary Care Behavioral Health Integration Model

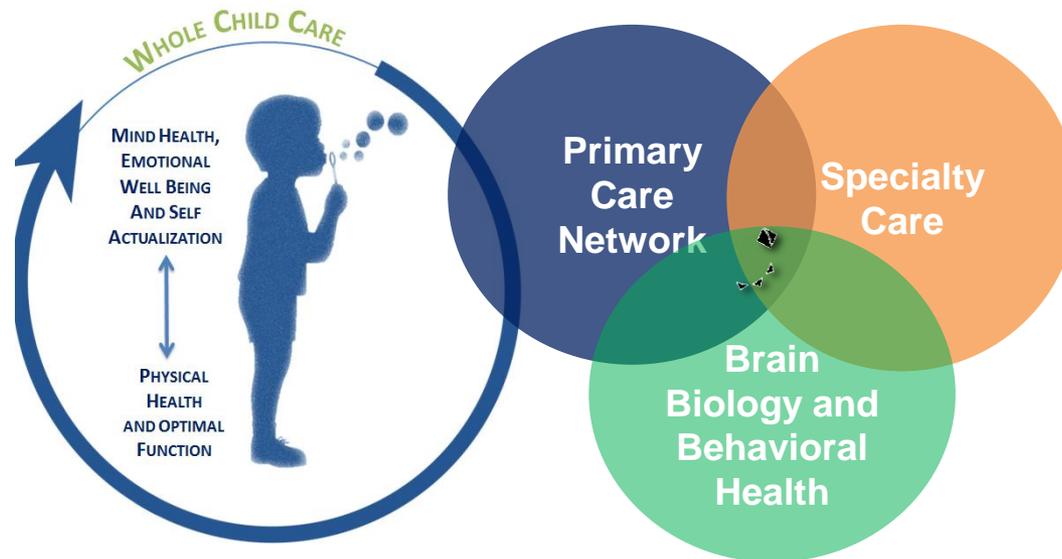


¹ Provider concerns may include referrals to Behavioral Health for depression, anxiety, OCD, stress, sleep patterns, motivational interviewing, safety, substance use, school performance, and medication non-adherence.

Rady Children's Hospital – San Diego

Primary Care Behavioral Health Integration Model

- What is an Integrated Pediatric Primary Care - Behavioral Health site?
 - Embedding an Integrated Health Therapist (IHT) into a PCP pediatric office
 - IHT office is located in the same suite (not down the hall)
 - Shorter treatment plan lengths per patient (typically 5)
- What is a Behavioral Health Hub?
 - Referral place for more advanced cases of mental health diagnosis
 - Longer term treatment plans
 - More advanced level of care



Rady Children's Hospital – San Diego

Primary Care Behavioral Health Integration Model

- Patient access to effective care team members accountable for team-based care
 - Warm Hand Offs
- Medical and behavioral health services provided together at the same location through a seamless mechanism to the patient with structured referrals and interdependent consultations
- Organized around the PCP
- One unified treatment Care Plan with both behavioral and medical components, including:
 - Shared Electronic Health Record and IT tools
- Care Management evidence-based protocols for mental/behavioral health conditions
- Working as a unified team using consistent protocols adjusting care for population health
- PCPs trained in holistic patient care with measureable outcomes
- Integrated Health Therapist embedded in practice
- Family-centered, collaborative approach

Rady Children's Hospital – San Diego

Primary Care Provider Perception and Beliefs Regarding Mental Health Integration (ongoing study)

PCP Survey Prior to Integrated Health Therapist (IHT) Integration¹

General

- 100% feel some responsibility for identifying common Behavioral Health (BH) conditions
- 100% are excited about mental health integration

Comfort Level Treating Behavioral Health Patients

- 38.5% do not feel comfortable starting depression medications
- 92.3% do not have enough time with patients to provide good BH care

Patient Needs Before IHT Implementation

- 23.1% believe their patients have timely access to BH evaluation
- 7.7% believe their patients have timely access to BH therapy
- 8.3% believe their patients have timely access to psychiatric medication management

Perceived/Expected Benefit of IHT

- 100% believe working with an IHT will improve my ability to treat patients
- 84.6% believe working with an IHT will ease my workload

¹ Survey results are preliminary and based on a survey of one Pediatric Primary Care Practice to date (n=13). Data collection is ongoing.