San Diego County Schools
COVID-19 Town Hall for Families

Section 1: Getting Kids Back to School During a Pandemic: Lessons Learned from a Pediatric Hospital

Speakers:

- Chris Abe, VP, Operations; Director, Infection Prevention, Rady Children’s
- John Bradley, MD, Medical Director, Infectious Diseases, Rady Children’s
- Alice Pong, MD, Pediatric Infectious Diseases, Medical Director, Infection Prevention, Rady Children’s

3:06: What is COVID-19?
4:25: Symptoms of COVID-19
7:35: COVID-19 in San Diego County
8:47: San Diego County COVID-19 cases by age
10:30: Mortality rates in San Diego County
13:12: Why the virus is problematic
15:06: Herd immunity
15:55: COVID-19 vaccine development
17:50: Infection rates in San Diego County and surrounding areas
18:56: Confirmed outbreaks in San Diego County by setting
19:11: COVID-19 at Rady Children’s
20:21: Exposures at Rady Children’s
21:09: Organizations in support of a safe return to school
21:23: Balancing values when assessing reopening
22:11: Global school reopenings and outcomes
26:10: How do we mitigate risk?
27:05: Transmission
28:07: Mitigation measures
28:30: Mask efficiency
29:25: How to wear a mask
31:40: Social Distancing
33:23: Physical Barriers
33:43: Hand Hygiene
34:57: Cohortting
35:34: Screening for Symptoms
35:59: Testing
38:56: What Happens Outside of School
40:29: Prevention of Transmission
41:29: Lessons Learned
Section 2: Mental Health Implications During COVID-19

Speakers:

- Ben Maxwell, MD, Interim Director of Child and Adolescent Psychiatry, Rady Children’s
- Sandy Mueller, LCSW, Sr. Director Behavioral Health, Rady Children’s

49:17: Mental health implications
49:43: Current increase isolation risk factors
51:33: Tips for parents: identifying risks
54:18: Rady Children’s resources
56:01: Staying healthy during a pandemic