

# San Diego County Schools

## COVID-19 Town Hall for Families



### Section 1: Getting Kids Back to School During a Pandemic: Lessons Learned from a Pediatric Hospital

#### Speakers:

- Chris Abe, VP, Operations; Director, Infection Prevention, Rady Children's
- John Bradley, MD, Medical Director, Infectious Diseases, Rady Children's
- Alice Pong, MD, Pediatric Infectious Diseases, Medical Director, Infection Prevention, Rady Children's

3:06: What is COVID-19?

4:25: Symptoms of COVID-19

7:35: COVID-19 in San Diego County

8:47: San Diego County COVID-19 cases by age

10:30: Mortality rates in San Diego County

13:12: Why the virus is problematic

15:06: Herd immunity

15:55: COVID-19 vaccine development

17:50: Infection rates in San Diego County and surrounding areas

18:56: Confirmed outbreaks in San Diego County by setting

19:11: COVID-19 at Rady Children's

20:21: Exposures at Rady Children's

21:09: Organizations in support of a safe return to school

21:23: Balancing values when assessing reopening

22:11: Global school reopenings and outcomes

26:10: How do we mitigate risk?

27:05: Transmission

28:07: Mitigation measures

28:30: Mask efficiency

29:25: How to wear a mask

31:40: Social Distancing

33:23: Physical Barriers

33:43: Hand Hygiene

34:57: Cohorting

35:34: Screening for Symptoms

35:59: Testing

38:56: What Happens Outside of School

40:29: Prevention of Transmission

41:29: Lessons Learned

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## Section 2: Mental Health Implications During COVID-19

### Speakers:

- Ben Maxwell, MD, Interim Director of Child and Adolescent Psychiatry, Rady Children's
- Sandy Mueller, LCSW, Sr. Director Behavioral Health, Rady Children's

49:17: Mental health implications

49:43: Current increase isolation risk factors

51:33: Tips for parents: identifying risks

54:18: Rady Children's resources

56:01: Staying healthy during a pandemic