

Child and Adolescent Psychiatry Grand Rounds

Tuesday, March 9, 2021, 1:00 pm – 2:00pm PST

[Join Us Via Zoom](#) Meeting ID: 93663631176 Password: 340000



Paven Aujla Lidstone, M.D., PhD

She completed her MD/PhD at University of Illinois, adult residency at University of Pittsburgh and is completing her child adolescent psychiatry fellowship at UCSD. She has an interest in the neuroscience of brain development, as well as psychotherapy, including Parent Management Training.



Guest Speaker

Paven Aujla Lidstone, MD, PhD

Topic: Teaching Evidence-Based Interventions (EBI): Lessons from a Behavioral Parent Training Workshop for Clinicians.

Course Description:

1. Define the need to teach clinicians behavioral parent training or other EBI for youth.
2. Strategies to create an effective training.
 - Lessons from implementation science
 - Effective active teaching for adult learners in a virtual world
3. Lessons from a Behavioral Parent Training workshop
 - Workshop design
 - Content – A.B.Cs (Antecedent, Behavior, Consequence) of P.M.T. (principles of Parent Management Training) & Pocket Guide
 - Results: Pre/post assessment
 - Discussion: Lessons learned, barriers and future directions

Objectives:

1. Learn strategies for teaching evidence-based interventions to clinical providers.
2. Understand the A.B.C. and P.M.T.)
3. Apply PMT skills during brief interventions for clinical encounters.



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