

Rady Children's Hospital-San Diego and the UC San Diego  
School of Medicine invite you to the

## VIRTUAL SURGICAL GRAND ROUNDS

on Friday, April 9, 2021 7:00am-8:00am PST

**Topic: Well-Being: The Beating Heart of Organizational Change**



### Rebecca Margolis, M.D.

Guest Speaker

Rebecca Margolis, MD, practices Pediatric Anesthesiology at Children's Hospital Los Angeles and presently serves as an assistant professor of clinical anesthesia and Director of Well-Being in the Department of Anesthesiology Critical Care Medicine. She co-founded the Society for Pediatric Anesthesia's Special Interest Group for physician well-being, acts as an ABA Oral Board Examiner, and is involved in the leadership and curriculum development for the Women Empowerment Leadership Initiative (WELI) in the Society for Pediatric Anesthesia. Dr. Margolis also Co-Chair's the longest running national pediatric anesthesiology meeting. She received her undergraduate degree from New York University, her medical degree from the Philadelphia College of Osteopathic Medicine and completed her anesthesia residency at Virginia Commonwealth University. Her fellowship in pediatric anesthesiology was obtained at Children's Hospital Los Angeles. Dr. Margolis has been married to Ben Margolis since 2005. They live in Burbank, California with their dog Donovan and two-year old son Dexter.

#### Course Description

This lecture will describe the crisis surrounding physician well-being, empower attendees with information to be able to talk to hospital leadership about why this is an important area for resource allocation, describe the principles of successful well-being programs and leave attendees with practical solutions to bring back to their own work environments.

#### Objectives

1. Understand the urgency surrounding physician well-being
2. Understand the principles that underlie building successful well-being initiatives
3. Impart practical ideas that can be implemented at your own institution

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