

Rady Children's Hospital-San Diego and

UC San Diego School of Medicine

Division of Child & Adolescent Psychiatry

Virtual Grand Rounds

Tuesday, June 8, 2021, ~ 1:00 pm-2:00pm PST

Topic: Experiencing Mental Health through a Bicultural
Identity as an Asian American

Michael Chu, M.D.

GUEST SPEAKER



Dr. Michael Chu was born in Arcadia, California, graduated medical school at the University of Maryland, and subsequently completed his adult psychiatry residency training at the University of Maryland/Sheppard Pratt. He is currently in the child and adolescent psychiatry fellowship program at the University of California San Diego and Rady Children's Hospital. Dr. Chu has interests in cultural psychiatry, advocacy, acute psychiatric care, and interests in psychodynamic therapy, eating disorders, and collaborative mental health care.

Course Description:

An introduction of the heterogeneity of Asian Americans living in the United States will be followed by exploring the concept of culture and how it may play into a bicultural identity experience of an Asian American. We will then discuss recent literature on mental health care access disparities for Asian Americans in the US and examine how Asian cultural strengths/barriers can be optimized to help correct this mental health disparity. A case presentation will guide a conversation on how to incorporate the concept of culture into a case formulation/presentation and look specifically through how an Asian American bicultural identity may affect the experience of mental health.

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