

BER Sedated Patient Instructions:

- Your child will be given a medication to help them sleep. Before the scheduled test time, you must stop (see chart below):
 - 6 hours before: solids (food/milk)
 - 4 hours before: breast milk
 - 2 hours before: clear liquids (water, Gatorade, apple juice and Pedialyte)
- Wake your child by 3am for a 7am start time and 4am for all other start times (see chart below). Keep your child awake from the time you wake them up until the testing begins. Do not let them nap, especially not in the car on the way to the appointment or in the waiting room.
- Check-in 30 minutes before your scheduled appointment.
- Come to 8001 Frost St, SD 92123. Enter entrance #9 and go to the Outpatient Procedure Center.
- Siblings are not allowed.
- Failure to follow any of the above instructions will result in cancellation.

Appt Time	Check-In	Sleep	Solids/Food	Breast Milk	Clear Fluids
7:00 AM	6:30 AM	11:00 PM-3:00 AM	Until 1:00 AM	Until 3:00 AM	Until 5:00 AM
9:00 AM	8:15 AM	12:00 AM-4:00 AM	Until 3:00 AM	Until 5:00 AM	Until 7:00 AM
11:00 AM	10:00 AM	12:00 AM-4:00 AM	Until 5:00 AM	Until 7:00 AM	Until 9:00 AM
1:00 PM	12:00 PM	12:00 AM-5:00 AM (under 3 y.o.) 12:00 AM-4:00 AM (over 3 y.o)	Until 7:00 AM	Until 9:00 AM	Until 11:00 AM