

TODDLER NON-SEDATED BAER INSTRUCTIONS

How to get ready for the visit:

- Your child needs to be very tired for the test.
- Only let your child sleep **4 hours** the night before the test.
- **Do not** let your child sleep after he/she is awake, not even for a minute, especially in the car or/and in the waiting area.
- Your child can eat or drink.
- You can bring any blankets, stuffed animals, or toys that comfort your child.
- Dress your child in loose and comfortable clothing.
- Siblings are NOT allowed.

Non-sedated BAERs for toddlers are ONLY in the afternoon (12:30pm or 2:30pm).

If your child does not sleep for the test, he/she will need a new visit with medicine to fall asleep.

Parking

- Park at 8001 Frost Street, SD, CA 92123. Enter the building through Entrance # 9, on Frost street.
- Your visit is in the Outpatient Procedure Center (OPC).
- **DO NOT** go to the Health Services, Developmental and Behavioral Services Building.

What to bring:

- Any favorite blanket, toy and/or comfort items.
- Favorite cup or bottle for drinking.
- ID card, insurance card, payment, or co-pay.
- Home medical equipment if needed.

Illness:

- Call the office if your child has: fever, nasal congestion, cough, diarrhea, vomiting, ear problems, and/or a rash.
- Call the office if your child has been exposed to COVID-19, chicken pox, measles, mumps, or any other illness.

You can call our office at 858-966-8100.