

## RECOVER: Researching COVID to Enhance Recovery

Participate in a nationwide study on the effects of long-term COVID.



Some children are becoming seriously ill from COVID-19 and experiencing symptoms lasting from one to several months. This condition is referred to by various names including long COVID, chronic COVID or post-acute sequelae of SARS-CoV-2 or PASC.

A team of experts at University of California San Diego and Rady Children's Hospital San Diego are taking part in a national study funded by the National Institutes of Health (NIH) to study the long-term effects of COVID-19 in children, young adults, and their parents. Our local

study, part of the national RECOVER effort, is known as PEDS-PASS (Pediatric Epidemiology and Disparities of Post-Acute SARS-CoV-2 Study).

### The reason we are doing this study is to understand:

- How COVID affects a child's body
- How many children feel sick for a long time after they get COVID
- What types of symptoms and bodily changes these children who remain sick after COVID display
- Why some people feel sick for so long

### Will I be compensated?

Yes. Stipends will be provided for your time and effort for competing study visit(s).

### Who is eligible to participate in this study?

- Anyone 25 years and younger
- People with long-term effects of COVID
- People who completely recovered from COVID (and have no long-term effects)
- People who never had COVID
- Parents or caregivers of study participants

### What will you be asked to do in this study?

There are 3 parts to the study. You and your child are being asked to complete some surveys, provide blood and saliva, and potentially participate in further testing.

### What are the symptoms of long-term COVID?

Many people have effects long after they get COVID, which is caused by a virus called SARS-CoV-2. Recovery from SARS-CoV-2 infection can vary from person to person and symptoms may begin at different times.



Some common effects include:

Coughing or feeling short of breath		Brain fog (feeling like you can't think clearly)	
Loss of smell or change in taste		Having trouble sleeping	
Fever		Feeling very tired	
Body aches, headaches, chest pain, or stomach pain		Mood changes	

### Find out more

If you would like to learn more about this study, please:

- Email the study team [at\\_pulmresearch@rchsd.org](mailto:at_pulmresearch@rchsd.org) (please do not email personal health information)
- Contact via phone at (858)576-1700 ext 224604
- Sign up for more information: <https://recovercovid.org/> (Click on “find a study near you”, enter San Diego for city, select University of California San Diego/ Rady Children’s Hospital sign up link)

### Meet the Research Team



We look forward to meeting you and learning more about COVID!

Approved For Period: 8/5/2022 - 9/16/2022

UC San Diego  
SCHOOL OF MEDICINE

Rady  
Children's  
Hospital  
San Diego

The logo graphic for Rady Children's Hospital features a stylized teal shape resembling a child's head or a play structure, composed of several triangular and quadrilateral facets.The RECOVER logo features a stylized golden sun with a white 'S' shape inside, surrounded by small golden spikes.

**RECOVER**  
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