

# TRAUMA: 2022

Traumatic injuries are the primary cause of death among children and can happen to anyone at any time. As the regional Level 1 Pediatric Trauma Center, Rady Children's Hospital-San Diego plays a key role in preserving life and helping children and families recover. In addition to treating conditions often handled in emergency rooms, the Trauma Center offers a unique, higher level of care, providing lifesaving treatments for the most severely ill or injured children. Highly trained teams and cutting-edge treatments are always available to help the most severely injured patients. Our physicians and staff are ready 24 hours a day, seven days a week. This comprehensive care provided by trauma centers improves patient outcomes by 25 percent.



## Trends for 2022:

1. ATV injuries are down from the big COVID increase after we have done outreach, partnered with many organizations in the community, and safety classes have resumed.
2. E-bikes are now being made in smaller sizes so we're seeing increases (percentagewise) in trauma activations. This trend is following the increase in the adolescent and adult populations.
3. Pedestrians/cyclists struck are climbing, which is concerning, given multiple safety and injury prevention initiatives in this area.

These data below are for those with mechanisms severe enough to warrant the trauma team and does not include the many more, less-severely injured patients seen in urgent cares or the ED.

## What Can You Do?

Visit <https://www.rchsd.org/programs-services/center-for-healthier-communities/injury-prevention/> to find out what steps you can take to protect the children in your life!

