



# IN CASE YOU HAD CONCERNS, HERE ARE SOME FREQUENTLY ASKED QUESTIONS AND ANSWERS TO CLEAR THINGS UP.

#### WHY SHOULD I CARE ABOUT THE FLU?

The flu can cause severe illness, hospitalization, and death, especially in those with underlying health problems. In children with cancer, this could lead to extra hospital stays, ICU admissions, and delays or holds in their cancer treatment.

### WHY SHOULD MY CHILD GET THE FLU SHOT?

The flu shot provides protection from getting the flu so that your child can be as healthy as they can be while undergoing treatment.

# **BUT IT'S NOT 100% EFFECTIVE?**

There are multiple strains of the flu virus, so it is possible to become infected with a strain that wasn't included in the vaccine. However, in those who get the flu, the flu shot still reduces the likelihood of serious complications (such as hospitalization and death) by 50-70%.

#### WHAT ARE THE SIDE EFFECTS OF THE FLU SHOT?

The flu shot is safe, even in people with weakened immune systems. There may be mild symptoms such as a sore arm, slight fever, or body aches, which are temporary. This is due to the immune system responding to the vaccine.

# DOES THE FLU SHOT PROTECT AGAINST COMMON COLDS?

No. The flu is caused by the influenza virus, whereas the common cold can be caused by several different viruses. They can have similar symptoms but, in general, the flu symptoms are more severe and have serious associated complications.

## CAN PEOPLE SPREAD THE FLU EVEN IF THEY'RE FEELING WELL?

Yes. Some people infected with the flu virus may have no symptoms but can spread the virus to those around them who are more susceptible to illness. This is why it is important for the whole family to be vaccinated and why hospital workers get flu shots every year.