

## PillCam Patency Capsule Instructions:

A patency capsule tests whether you will be able to take the Pillcam in the future. It confirms that your intestine is passable or "patent"

### Step 1. Patency (dummy) capsule

- The day before swallowing the patency capsule take **Miralax 2 capfuls** in 12-16 oz water. Drink this one time at **18 hours** and one time **12 hours** before swallowing capsule – (see chart below for times). This helps with having a loose bowel movement and allowing the patency pill to be excreted easily.

For example: If you want to take the dummy (patency) capsule on Sunday at 9am, take Miralax at 3 pm and 9 pm on Saturday

- Stop eating the night before you swallow the patency capsule. (around 10 pm)
- You may eat 2 hours after swallowing capsule - water is OK.
- Move around/exercise as much as possible to help facilitate passage of capsule
- Look for passage of patency capsule in your bowel movements - use the plastic toilet hat given to you in clinic to look through stools. When the patency capsule is seen, **call the GI clinic (858.966.4003 option 3) or send a MyChart message and let us know that it has passed.**
- If capsule has not passed within **25 hours**, please head to radiology (either in the satellite walk-in clinic in the 1<sup>st</sup> floor lobby of the Rose Pavilion at Rady's or in the 3<sup>rd</sup> floor Radiology department) to get an abdominal x-ray. (Your Doctor/Provider will have put in an order for you in the computer so that you can get this done right away).
- Please do this X-ray within **30-33 hours** after swallowing the patency capsule. We want to make sure that the patency capsule has gone all the way through the intestines. The patency capsule dissolves harmlessly in the intestines after 33 hours, so it is important to get the X-ray within this timeline. Please let us know once passage of capsule confirmed or after X-ray if it was needed!
- Avoid getting an MRI done until you confirm that you've passed the patency pill OR you get an x-ray to confirm that it's not in your intestines still.
- Please contact GI office at **858.966.4003 option 3** to give us an update.

**Here is a chart that might be useful to you to write in the times for swallowing the Patency pill**

ACTION	EXAMPLE	ACTUAL
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<b>2 capfuls Miralax</b>	<b>Friday 2pm</b>	
<b>2 capfuls Miralax (6 hours after 1<sup>st</sup> dose)</b>	<b>Friday 8 pm</b>	
<b>Swallow capsule ( 12 hours after 2<sup>nd</sup> Miralax dose &amp; 8 hours after no food or drink)</b>	<b>Saturday 8am</b>	
<b>Capsule gets passed in BM</b>	<b>Saturday evening</b>	
<b>No capsule passed- get Xray</b>	<b>Sunday morning</b>	