



Rady Children's Hospital and Health Center
Community Benefit Plan and Report
Fiscal Year 2023 (July 1, 2022 – June 30, 2023)
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Accounting and Reporting Systems Section
Sacramento, California

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About Rady Children's Hospital and Health Center

Since 1954, Rady Children's Hospital and Health Center (Rady Children's) has been meeting the health needs of San Diego County children and families. Rady Children's Hospital – San Diego is a nonprofit, 511-bed pediatric-care facility dedicated to excellence in care, research, and teaching. Rady Children's is the San Diego region's only hospital dedicated exclusively to pediatric health care and the only designated Level 1 Pediatric Trauma Center. Through a partnership with the University of California, San Diego (UCSD) School of Medicine, Rady Children's serves as the teaching hospital for the region's pediatric physicians.

As the sole pediatric hospital and trauma center for San Diego and Imperial Counties, and with a growing presence in southern Riverside County, Rady Children's aims to meet its mission to restore, sustain and enhance the health and developmental potential of children through excellence in care, education, research, and advocacy.

Rady Children's is a regional Tertiary and Quaternary referral center that provides comprehensive inpatient and outpatient acute care, including psychiatric and intensive care pediatric services. On its main campus, the hospital operates the only Level 4 full scope Neonatal Intensive Care Unit (NICU) serving San Diego, Riverside, and Imperial Counties. In addition, the hospital is licensed to operate a Level 2 NICU for Scripps Memorial Hospital in Encinitas, Scripps Mercy Hospital San Diego, and Scripps Mercy Hospital Chula Vista, and a Level 3 NICU for Scripps Memorial Hospital in La Jolla, and at Southwest Healthcare System in Rancho Springs in Riverside County. Rady Children's also collaborates with hospitals locally and across the nation, including serving as neonatologist staff at Palomar Medical Center Escondido and UCSD Jacobs Medical Center and running a Pediatric Medical Unit at Sharp Grossmont Hospital in La Mesa.

Awards

Rady Children's received the following awards and accolades in Fiscal Year (FY) 23.

- For the first time in its history, Rady Children's has been named by *U.S. News & World Report* to its 2023 - 2024 Best Children's Hospitals Honor Roll, a distinction awarded to only 10 children's hospitals nationwide. Rady Children's had five specialties rank among the top 10 in the nation: Pediatric Cardiology & Heart Surgery #3, Orthopedics #6, Neonatology #7, Neurology & Neurosurgery #8, Diabetes & Endocrine Disorders #8 and maintained its seven-year streak of achieving rankings in all 10 specialties surveyed. Only 23 hospitals nationwide were ranked in all 10 specialties.
- Named 2022 College of Healthcare Information Managed Executives (CHIME) Digital Health Most Wired organization.

- The American Association of Critical-Care Nurses named Rady Children’s Pediatric Intensive Care Unit the Gold-level designation of the Beacon Award for Excellence.
- Earned Great Place to Work® Certification™.
- The American Nurses Credentialing Center Commission designated Rady Children’s with Magnet recognition for the second time.
- The *San Diego Business Journal* named Founder, Chairperson and Chief Executive Officer of American Assets Trust, Ernest Rady, Rady Children’s President & Chief Executive Officer, Patrick Frias, MD, and Rady Children’s Senior Vice President & Chief External Affairs Officer, Stephen Jennings, as SD500 Most Influential Business Leaders.

Facts and Figures

In FY23, Rady Children’s Hospital:

- Provided care to 271,880 children.
- Provided 19,932 inpatient admissions.
- Provided 276,896 outpatient visits.
- Provided care to 805 [trauma](#) patients. (CY 2022)
- Provided 97,886 [emergency care](#) visits and 42,321 [urgent care](#) visits.
- Performed 19,636 surgeries.
- Performed 402 heart surgeries and attended 30,900 outpatient visits at its cardiology clinics. To date, Rady Children’s has performed 57 heart transplants. [More on our Heart Institute.](#)
- Cared for 224 newly diagnosed cancer patients, attended to 16,777 outpatient visits and provided 33 blood and marrow transplants, and 5 [CAR T-cell treatments](#) at the [Peckham Center for Cancer and Blood Disorders.](#)
- Provided trauma counseling to 530 children and parents at the [Chadwick Center for Children & Families.](#)
- Evaluated or treated 508 children at the [Autism Discovery Institute.](#)
- Provided 75,019 visits to the orthopedic and rehabilitation clinics, including the [360 Sports Medicine program.](#) More on Rady Children’s [Orthopedics & Scoliosis Center.](#)

Mission, Vision and Values

Our Mission

To restore, sustain and enhance the health and developmental potential of children through excellence in care, education, research and advocacy.

Our Vision

We will be a leader, recognized nationally and internationally, for excellence in patient care, education, research and advocacy.

Our Values

We demonstrate CARES values – Compassion, Accountability, Respect, Excellence and Service – with patients, families, visitors, the community, and our team members.

Rady Children’s complies with applicable state and federal civil rights and non-discrimination laws. See <https://www.rchsd.org/patients-visitors/summary-notice-of-nondiscrimination> for additional information regarding our policies. Language assistance services, free of charge, are available to our patients and visitors.

Governance

The Rady Children’s Hospital and Health Center Board of Trustees provides oversight for and guides the direction of community benefit.

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Commitment to the Community

Rady Children's is dedicated to improving the lives of children and families — in the community, throughout the nation and around the world. Rady Children's is the only hospital in the San Diego area dedicated exclusively to pediatric health care and the region's only designated pediatric trauma center. Rady Children's treats children from birth to 18 years old and a few adults with certain conditions for which we have specialized services.

As a nonprofit hospital, Rady Children's takes pride in our service to the community. Rady Children's provides financial assistance to those who cannot afford services, or whose health insurance does not cover all services provided, and we invest in the community to increase access to health care services and improve wellbeing. This report demonstrates tangible ways in which Rady Children's is fulfilling its mission to restore, sustain and enhance the health and developmental potential of children.

Service Area

Rady Children's Hospital-San Diego is located at 3020 Children's Way, San Diego, California 92123. The hospital is licensed to operate pediatric and Neonatal Intensive Care Unit (NICU) beds in Riverside and San Diego Counties. The joint service area is defined as San Diego and Riverside Counties.

San Diego County

As the second largest county in California, San Diego County has concretely defined boundaries, including Marine Corps Base Camp Pendleton's 125,000 acres to the north, the Pacific Ocean to the west, Mexico to the south, and extensive mountains and deserts to the east. Because of its geographic size and large population, the San Diego County Health and Human Services Agency organizes its service areas into six geographic regions: Central, East, North Central, North Coastal, North Inland, and South.

Riverside County

Riverside is the fourth largest county in California and covers more than 7,300 square miles. Riverside County was formed in 1893 from a small portion of San Bernardino County (to the north) and a larger part of San Diego County (to the south). The County reaches from Orange County to the west to the Arizona state line along the eastern border.

Service Area Snapshot

- San Diego County's population is 3,298,634 residents, and the population grew 6.6% from the 2010 to the 2020 Census. The population of Riverside County is 2,418,185 residents, and the population grew 10.4% from the 2010 to the 2020 Census.
- In San Diego County, 21.6% of the population is ages 0-17, 64.3% are adults, ages 18-64, and 14.1% of the population are senior adults. In Riverside County, children and teens, ages 0-17, make up 25.2% of the population, 60.4% are adults, ages 18-64, and 14.5% of the population are older adults, ages 65 and older.
- In San Diego County, White residents make up 44.9% of the population, 33.9% are Hispanic or Latino residents, 11.7% are Asian residents, and 4.6% are Black or African American residents, while all other racial and ethnic groups make up 4.9% of the population. In Riverside County, Hispanic or Latino residents are 49.4% of the area population, 34.4% are White residents, 6.5% are Asian residents, and 6.1% Black or African American residents. Persons who are Native American residents, Native Hawaiian residents, other Pacific Islander residents, or of other or multiple races make up 3.6% of the area population.
- In San Diego County, 8.7% of children live below the Federal Poverty Line (FPL) and 16.1% are low-income (>100% and <200% FPL). In Riverside County, 18.3% of children live below the FPL and 14.5% are low-income. Family income has been shown to affect children's wellbeing. Compared to their peers, children in poverty are more likely to have physical, behavioral, and emotional health problems.
- In San Diego County 92.4% of the population has health insurance coverage and in Riverside County, 91.5% of the population has health insurance coverage. Among children and youth, ages 0-18, 96.1% in San Diego County are insured and 95.9% in Riverside County are insured. Children, ages 0 to 5, are most likely to be insured (96.9% in Riverside County and 97.3% in San Diego County), and among children, ages 6 to 18, 95.5% in Riverside and San Diego Counties have health insurance.
- Among children and youth, under age 19, 31% in San Diego County and 43.7% in Riverside County had Medi-Cal coverage.

Community Health Needs Assessment

Rady Children's completed a Community Health Needs Assessment (CHNA) in FY22. California Senate Bill 697 and the Patient Protection and Affordable Care Act through IRS section 501(r)(3) regulations direct nonprofit hospitals to conduct a CHNA every three years and develop a three-year Implementation Strategy that responds to identified community needs. A CHNA identifies unmet health needs in the service area, provides information to select priorities for action across targeted geographical areas, and serves as the basis for community benefit programs.

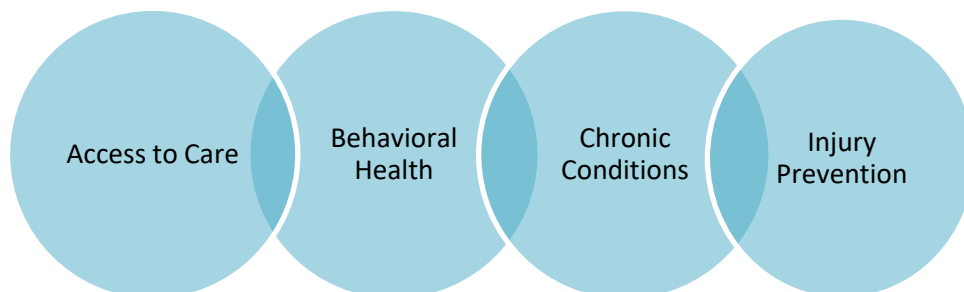
Rady Children's continues a longstanding commitment to collaboratively address community health needs in San Diego by participating in the 2022 CHNA process coordinated through the Hospital Association of San Diego and Imperial Counties (HASD&IC). Findings from the HASD&IC collaborative CHNA were incorporated in the Rady Children's CHNA.

The CHNA process included collection and analysis of data sources for the hospital service area. Secondary data was collected from county and state sources. In addition, primary data was collected directly from stakeholders in the community. Various primary data collection methods were used to obtain community input including focus groups, interviews and surveys. The collected data was used to identify significant community needs.

Prioritization of Needs

The CHNA identified significant health needs, which were prioritized with community input through interviews with representatives from community-based organizations, focus group participants and service provider survey respondents. As a result of the CHNA findings and community input, Rady Children's chose to address the following needs in the FY23-FY25 Implementation Strategy as they focus on the health of children and their families:

- Access to health care
- Behavioral health (including mental health and substance use)
- Chronic conditions (including overweight and obesity)
- Injury prevention



Addressing Priority Health Needs

Rady Children's FY23 Community Benefit Report and Plan summarizes community benefit activities that were responsive to the top child health needs identified in the FY23-FY25 Implementation Strategy. Rady Children's committed to community benefit efforts that addressed access to health care, behavioral health (including mental health and substance use), chronic conditions (including overweight and obesity), and injury prevention. Activities and programs that highlight the hospital's commitment to addressing these needs are detailed below.

ACCESS TO HEALTH CARE

Response to Need

Financial Assistance and Health Insurance Enrollment

Rady Children's Financial Assistance Program provides financial assistance to patients with medically necessary health care needs who were low-income, uninsured or underinsured, ineligible for a government program, or were otherwise unable to pay for care based on their individual family financial situation. Financial counselors assist patients in applying for health insurance coverage, financial assistance and other benefits from public and private sources. Financial Counselors also coordinate with California Children's Services (CCS) enrollment programs and partner with local agencies to improve access to health care for uninsured patients.

Healthy Steps

Rady Children's implemented the first HealthySteps site in California. The program is currently operated in Murrieta and Temecula and is a partnership with Children's Primary Care Medical Group and First 5 Commission of Riverside. HealthySteps is an evidence-based, interdisciplinary pediatric primary care program that guides healthy development in young children in tandem with nurturing parenting skills. Primary care providers refer to HealthySteps specialists for immediate consultation. Families are scheduled for screening and care coordination services with a HealthySteps provider 24-48 hours (about 2 days) following their well child visits. The Temecula HealthySteps site launched a pilot project to screen caregivers for post-partum depression during their child's primary care well-child visits. In FY 23, HealthySteps provided 7,310 children with 13,277 developmental and behavioral service encounters.

School Health

Through a partnership with National Elementary School District, Rady Children's provides all school health services, including credentialed nurse services, to the students in the district. National School District serves preschool and elementary students in grades UTK through 6. All the schools are Title 1 designated. The program assesses and implements health case management for students with medical needs while in school, collaborates on special education

plans and provides daily care for all students. It also serves as a resource to families and the district, ensuring the most current best practices are recommended and implemented.

Customer Service and Referral Center (CSRC)

The CSRC helps facilitate access to care for children by identifying community-based providers for parents and others seeking resources for primary and specialty care. The information provided is not exclusive to Rady Children's or its affiliated physicians. CSRC assists families with referrals to behavioral health and mental health services. CSRC also assists families with pursuing funding and coverage for their children through Medi-Cal, CCS and/or other funding options, such as Anderson Dental Health Center Treatment Funds. In addition, assistance in care coordination is provided to high-risk pregnant women. In FY23, CSRC helped facilitate access to health care services for 6,030 children and high-risk pregnant women in San Diego, Imperial and Riverside Counties who were covered by Medi-Cal or were underfunded and/or uninsured.

Resource Line/Nurse Triage

The Nurse Resource Line is a free service open to the community that provides pediatric health information and helps families navigate to the appropriate care in a timely manner. In FY23, there were over 31,900 requests for assistance and information responded to.

Hospital Emergency Transport (PICU/NICU)

The Rady Children's Emergency Transport (CHET) Pediatric and Neonatal Teams provide emergency transport, including transport for seriously ill and injured children and neonates. The CHET air and ground transportation vehicles have self-contained medical equipment to provide expert pediatric and neonatal critical care to patients. In FY 23, CHET provided immediate response to hospitals, clinics, and physician offices in San Diego, Imperial, and Riverside Counties.

Population Health/Care Redesign

Population Health seeks to improve care and outcomes for children and families in the community managing chronic and complex medical conditions. By focusing on social determinants of health and health equity, programs focus on redesigning the way care is delivered so that the most vulnerable patients in the community experience better access to resources and better physical, social, and behavioral health outcomes. In FY23, Population Health programs provided over 10,800 encounters with children and their families.

- **Care Coordination Support:** This project helped 205 families navigate the complexities of the health care system, while addressing barriers and facilitating access to medical homes. Coordination of care re-connects Medi-Cal families to their medical home for well-child visits and vaccinations. A dedicated Primary Care Coordinator, in collaboration with primary care team members, ensures connections to community resources to

address food insecurity, housing, and transportation. Additionally, this project addresses health and social needs through care coordination using a whole child/family approach for Afghan children living in San Diego County.

- **Community Ecosystem Development for Medically and Socially Complex Children:** Rady Children's works with internal and external stakeholders to address social determinants of health affecting medically and socially complex children. As Rady Children's emerged from COVID, there was a need to address the impact of isolation on the most vulnerable children and families. To improve emotional well-being for these children, a community ecosystem project was piloted to build partnerships in communities to provide education and build connections to resources and services to address barriers. Emotional well-being resources were offered to families as they waited to be seen by psychology/psychiatry.

Developmental Services: Early Childhood Intervention

The Developmental Services at Rady Children's provides a continuum of integrated services across disciplines and community partnerships to support early brain development, social and emotional development, and the needs of the whole child. Developmental Services provides care to children and adolescents with disorders related to congenital anomalies, injuries, illnesses, and other special needs. Programs emphasize early identification, diagnosis, and intervention through access to community resources, and include:

- **The Autism Discovery Institute (ADI):** The Autism Discovery Institute is an integrated clinical program that provides psychological and developmental evaluations, and interventions (including parent child developmental behavioral intervention, cognitive behavioral intervention, and social skills groups) to children with autism from the ages of 12 months through adolescence. In FY23, 508 children were evaluated and treated.
- **Alexa's Playful Learning Academy for Young Children (Alexa's PLAYC):** Alexa's PLAYC is an early education program for typically developing children and children with or at-risk for an autism spectrum disorder. The curriculum focuses on teaching developmentally appropriate communication, including cognitive and social skills while fostering independence. In FY23, Alexa's PLAYC provided 80 toddlers and preschool age children with an environment that stimulated physical, social, intellectual, and emotional growth.
- **Developmental Evaluation Clinic (DEC):** Clinical and developmental psychologists provide diagnostic developmental evaluations for infants, preschoolers, and school-age children to identify developmental, learning, and social delays and determine the need for further intervention. Once delays are identified, referrals are made to public education programs and public and private therapy programs. In FY23, 1,537 young children were served by DEC.

- **Developmental Screening and Enhancement Program (DSEP):** DSEP provides universal developmental and behavioral screenings, long-term facilitated case management, and short-term direct intervention for caregivers and children with an open case with Child Welfare Services in San Diego County. In FY 23, DSEP provided developmental and behavioral assessment and linkage to services to 1,664 children, ages birth to 6.
- **Healthy Development Services (HDS/C3):** HDS/C3 improves school readiness through identifying and treating developmental and behavioral concerns in children from birth to 5 years. In addition, HDS/C3 provides maternal child Registered Nurse visits to educate first time parents on newborn assessment, lactation education, risk assessment and safety. The program's four sites (Sanford Clinic in Oceanside, Torrey Hills, Kearny Mesa, and Chula Vista) are part of a countywide initiative funded by First 5 San Diego and services are offered free to families. In FY 23, HDS/C3 served 2223 children with 13,646 service encounters.
- **High Risk Infant Follow-Up Clinic (HRIF):** HRIF provides neurodevelopmental evaluation and follow-up to infants cared for in the NICU who are at risk for developmental delay. A pediatric nurse practitioner educates families regarding follow-up services. Infants receive developmental screening, neurological assessment, and family psychosocial assessment. Coordination of referral to services in the community was also provided. In FY23, 445 babies were evaluated and supported.

Anderson Center for Oral Health

The Anderson Center works to improve the oral health of children in San Diego County, particularly young children, and children with disabilities, through community and professional education, advocacy, and treatment. The Anderson Center works with the San Diego/Imperial County Regional Center for Developmental Disabilities, Oral Health Initiative/Health Quality Improvement Partners, Juvenile Hall Wellness Team, Rady Children's HDS/C3 initiative, and other community-based groups. Telehealth visits are available for children with disabilities. The Anderson Center served 333 persons in FY23.

Pathways Support Group

Pathways is a group language therapy program designed for children, ages 3 to 5, with limited but emerging expressive language skills. In FY23, Pathways helped 23 children with autism spectrum disorders generalize skills learned in one-on-one settings to more complex social settings.

Pediatric Down Syndrome Clinic

Down syndrome is the most common genetic cause of cognitive and developmental disabilities. The Pediatric Down Syndrome Clinic was established through a partnership between Rady Children's and DS Action (a local nonprofit group) to address the unmet needs of children with Down Syndrome. The Clinic also serves as a resource to health care professionals in the community. In FY23, the Clinic served 163 children and their families that included assessment by a multidisciplinary team, genetic counseling, comprehensive case management, patient advocacy, social services, dietary and nutrition support.

Health Professions Recruitment

Recruitment of health professionals in response to community health needs expands access to health care and can improve community health. Currently, Audiology and Speech Therapists are 96% white females, which is very different than the diverse patient population Rady Children's serves. The Rady-San Diego State Mentorship Program is designed to encourage students of color to enter the fields of Audiology and Speech Therapy. In FY23, Rady Children's reached 800 persons through presentations in the classroom, open houses, and one-on-one mentoring with clinical staff.

Community Partnerships for Health

In partnership with the Girl Scouts of San Diego, Rady Children's specialists provided information about Autism, Protecting Hearing and Mental Health Issues to 1,219 individuals.

BEHAVIORAL HEALTH (including Mental Health and Substance Use)

Response to Need

Psychiatric Services

Rady Children's Outpatient Psychiatry department provides comprehensive mental health and psychosocial services to children and their families within a full-service pediatric medical facility, which includes a dedicated behavioral health emergency care center. Its clinical programs are available in video (telemedicine) format, at outpatient clinics, schools, and homes. The psychiatric emergency care center complements Rady Children's existing services, including the Child and Adolescent Psychiatric Services (CAPS) inpatient care unit and outpatient services that focus on depression, anxiety, attention deficit disorders, behavior problems, psychosis and eating disorders. Patients receive a psychiatric evaluation including screening for inpatient psychiatric hospitalization needs, crisis intervention and stabilization, referrals, follow-up resources, education, and outreach. In FY23, 20,782 encounters of service were provided to children and youth.

Mid-City Behavioral Health Urgent Care Clinic

Rady Children’s Behavioral Health Urgent Care Clinic (BHUC) provides convenient access to assessment, medication management, crisis intervention and stabilization and linkages to resources in collaboration with community partners. Located in a high-risk vulnerable community, BHUC serves children experiencing a behavioral health crisis that poses a risk to their safety or the safety of others, or significantly impairs their daily lives. The clinic offers late afternoon and evening urgent care walk-in and added regularly scheduled appointments during the day for children, teens and their families struggling with urgent emotional and/or behavioral concerns.

Transforming Mental Health/Primary Care Mental Health Integration

The Transforming Mental Health (TMH) Initiative spans the Rady Children’s integrated health care delivery system, uniting behavioral and mental health services to improve the emotional well-being of children and youth. The TMH Initiative’s mission is to provide early detection, prevention, education, innovation, and research to improve the life experience of children and youth and strengthen families with the goal of disrupting the growth in anxiety, depression, suicide and other behavioral and mental health needs. A key part of TMH, the Primary Care Mental Health Integration (PCMHI) program, is designed to improve the emotional well-being of children and adolescents through conducting early identification screenings, increasing access to behavioral health care, implementing prevention programs and providing evidence-based treatment through an integrated health therapist embedded in a pediatric primary care office.

From the start of the program in 2020 through 2023, PCMHI has expanded to 11 pediatric primary care clinics and 4 referral hub sites across San Diego and Riverside counties. Each clinic has a distinct payor mix that includes Medi-Cal and commercial insurance. As of 2023, PCMHI completed 25,828 patient encounters, including 3,544 warm handoffs, 1,893 virtual triage appointments, 3,980 initial evaluations and 16,404 follow-up visits. Preliminary results show that patients in the PCMHI program are experiencing a 44 percent reduction in anxiety symptoms and a 62 percent decrease in depression symptoms.

Juvenile Hall Wellness Team

The Wellness Team works with medical, mental health and probation staff to promote healthier lifestyles among youth. The program assists minors to avoid high-risk behaviors through increasing incarcerated minors’ knowledge of pertinent health issues, connecting them to outside health services, and encouraging minors and/or their families to obtain health insurance coverage. In FY23, they provided 1,825 encounters for health education, counseling, and discharge planning for incarcerated youth.

Chadwick Center for Children and Families (Chadwick Center)

The Chadwick Center is an accredited children's advocacy center (CAC) at Rady Children's and is the largest hospital-based center of its kind. The CAC provides family-focused and trauma-informed services to children and adolescents who experience or witness maltreatment, abuse or violence. Chadwick also offers accredited Professional Education.

- **Child Protection Team (CPT):** CPT is a multidisciplinary team that includes caring and trained professionals from law enforcement, child protection, prosecution, mental health, medical, family advocacy, CAC staff and community partners. The CPT provides specialized services to help children and families heal from abuse and trauma by providing a coordinated, compassionate response. Services include:
 - **Forensic and Medical Services:** 2,394 children received medical assessment or a forensic interview when suspected of being abused or having witnessed violence.
 - **Family Advocacy:** The Family Advocate supports victims, witnesses and their families. The Family Advocate ensures victims are treated fairly and that their voices are heard. The Advocate helps the victim and their family members receive the necessary information about resources and services.
- **Child Abuse Treatment (CHAT) Program:** In FY 23, CHAT provided evidence-based therapy services to treat 218 children facing the after-effects of a traumatic event.
- **Failure to Thrive Clinic:** A multidisciplinary team, which includes a doctor, nurse, nutritionist, and social worker, evaluates infants and toddlers with poor growth or poor weight gain. Evaluations identify underlying medical conditions, address psychosocial issues, and develop a specific nutrition plan for each patient.
- **Kids and Teens in Court (KTIC):** In FY23, KTIC supported 69 child and teen victims (4-17 years old), and witnesses, who may need to testify in criminal or juvenile court. The goal is to increase children's ability to participate in the courtroom experience competently and effectively by decreasing anxiety and improving the efficacy of the judicial process.
- **Options Foster Parent Training:** In FY23, this program provided training to 62 foster parents and relative caregivers on child development and parenting.
- **Trauma Counseling:** In FY23, 1,118 encounters for trauma counseling were provided to 198 children and families to help them heal from traumatic events, including child abuse, neglect, witnessing a crime or community violence.

KidStart

KidSTART is a unique program developed for children with complex developmental, social-emotional and mental health needs. There are two components, KidSTART Mental Health Clinic (operated by Rady Children's Chadwick Center for Children & Families) and KidSTART Center (operated by Rady Children's Developmental Services). They are integrated to allow mental health and developmental specialists to assess needs, develop collaborative treatment plans, provide unique interventions and facilitate long-term care coordination for the family. The continuum of services includes screening, triage, assessment, referrals, and treatment. If social-emotional or mental health needs are identified, the child is referred for treatment at the KidSTART Clinic. Additionally, care coordination is implemented to identify and address caregiver issues (e.g., mental health, substance abuse) by referring to appropriate adult services. In FY23, the KidSTART Center provided 662 encounters for 211 children, and the KidSTART Clinic provided 5,135 encounters for 189 children, ages 0-5, and their caregivers.

Polinsky Children's Center

Polinsky is an emergency shelter for abused, abandoned, and neglected children. In FY23, services were provided to 1,390 children by physicians affiliated with Rady Children's, along with nurses, and developmental screening personnel.

Hope Bereavement Support Program

This program provides hope to families in pain and helps families address their grief about a child that has passed.

Kite of Hope Bereavement Gathering

This support group serves bereaved families (including children and caregivers) of children who were treated for cancer and blood disorders.

CalBridge Navigator Program

CalBridge consists of a Substance Use Navigator (SUN) who connects patients to substance use disorder treatment, psychiatry, and/or behavioral health support. A Clinical Champion works in partnership with the SUN and is responsible for identifying and recruiting community providers that can serve as referral sites if the youth need medically assisted treatment for substance use. The SUN interacts with patients who come to the Emergency Department (ED) with substance use needs, provides education to families about harm reduction strategies and follows up with patients once they are discharged to help them link them to services. And if needed, Naloxone is distributed in the ED or provided to the family for take home.

CHRONIC CONDITIONS (Including Overweight and Obesity)

Response to Need

Rady Children's Heart Institute

The Rady Children's Heart Institute delivers care to infants, children and adults born with congenital heart defects or acquired heart disease. It is a major referral center for Imperial, Riverside and Orange counties and the Pacific Rim. In FY23, cardiologists and heart surgeons from the institute provided 402 heart surgeries and attended 30,900 outpatient visits. To date, they have performed 57 heart transplants. The Heart Institute was also created to integrate and coordinate research and educational programs of the Cardiology and Cardiovascular Surgery divisions. It seeks to advance knowledge and understanding of pediatric cardiology and heart disease. Through clinical trials, outcome analysis and the continuous evaluation of clinical pathways, the Institute works to discover the most promising treatments and find cures.

Hemophilia & Thrombosis Treatment Center

The Hemophilia and Thrombosis Treatment Center is one of over 130 centers in the country specializing in diagnosing and treating individuals with bleeding disorders and is funded by the federal Maternal Child Health Bureau and Centers for Disease Control and Prevention. This Center cares for about 400 children in San Diego and the surrounding area who have hemophilia, von Willebrand disease and platelet disorders. The Center works with the local hemophilia foundation chapter (Hemophilia Association of San Diego) and provides patients education and advocates on their behalf. The Center is active in clinical research, participating in national outcomes studies, and data collection on major complications of hemophilia, including joint disease and blood borne viruses. The Center is also involved in clinical trials on the latest and most promising therapies.

Comprehensive Kidney Care Center

The Center serves children and young adults, up to age 21, with kidney disease needing care and treatment including acute hemodialysis, acute peritoneal dialysis, continuous renal replacement therapy and kidney transplants. Along with receiving care from nurses, each patient is seen by a specialist, dietitians, social workers, child life specialists and other clinicians who make up a comprehensive care team. Rady Children's also has two joint specialty clinics, with the Urology division and with the Rheumatology division.

Asthma

Rady Children's Care Redesign and Population Health Department offer home visitation and remediation services for children with moderate to severe asthma through a program called the Community Approach to Severe Asthma (CASA). CASA utilizes a community health worker (CHW)/Patient Care Coordinator (PCC) model to improve management and outcomes for children with asthma. CASA helps families through education, home remediation services, and provides support navigating community resources. Through education and virtual visits asthma triggers in the home are identified.

Community education sessions are provided in neighborhoods identified as high need and high utilizers of the ED. Rady Children's partners with community organizations to host asthma education sessions with a Rady Children's doctor, Respiratory Therapist, PCC, and Child Life Specialist on topics such as signs and symptoms, treatment, triggers, and how to create an asthma-friendly cleaning kit. Connections are made to social support services to address disparities for food insecurity, transportation, and referrals are made to 2-1-1 San Diego for complex social needs ranging from legal services to financial assistance and housing.

The team also designed an asthma health equity dashboard to facilitate a better understanding of the needs of asthma patients seen in the ED. This helps identify appropriate community partnerships, prepare screening tools for unmet food, housing and transportation needs and improve interventions to achieve equitable health outcomes. In FY23, the asthma initiative reached 633 children and family members.

Support Groups

Rady Children's offers support groups to children and their families:

- CHAMPS – for children with cancer, ages 6-12
- Families Supporting Families – for parents of children with cancer
- Kite of Hope Bereavement Gathering – for families of children that were treated by the Peckham Center for Cancer and Blood Disorders
- Parent Support Group – for parents of children who have a hematology or oncology diagnosis
- Sibling Support Group – for siblings of children with cancer, up to age 12
- Some of My Best Friends are Bald – a peer support group for cancer patients and teen siblings of cancer patients

INJURY PREVENTION

Response to Need

Center for Healthier Communities

The Center for Healthier Communities (CHC) is the hub of Rady Children’s community health improvement strategies. CHC collaborates with health providers, schools, childcare providers, youth-serving organizations, universities, researchers, community leaders, parents, government agencies, the media, and the business community to address community-based child health. Key areas of focus include maternal and infant health, injury prevention, oral health, nutrition and fitness, obesity prevention, adolescent health, and positive youth development.

The CHC analyzes child health issues and develops strategies, convenes, and encourages organizations and individuals to improve child health, launches strategically focused interventions, advocates to support health improvement, and links providers with resources to improve health within the community.

- **Childhood Injury Prevention:** CHC serves in a leadership capacity, convening community partners and experts around childhood injury prevention. The team analyzes San Diego regional data from Rady Children’s Level 1 Trauma Center and other sources, which is memorialized in a Trauma Report highlighting trends of preventive traumatic injuries that impact children. This is a collaborative partnership with the County Health and Human Services Agency. Together information is shared to raise awareness, problem solve, and advocate for public policy changes and safety regulations.
 - **Safe Kids San Diego (SKSD):** Rady Children’s is the lead organization for SKSD, a local coalition of Safe Kids Worldwide. SKSD members represent injury prevention organizations from San Diego County Public Health, Fire and Rescue, and Emergency Medical Systems (EMS), including the California Paramedic Foundation and Rady Children’s Trauma Team. SKSD addresses drowning prevention, safe sleep practices, child passenger safety, pedestrian and bicycle safety, and other prevalent injury areas. Information dissemination and training efforts are provided countywide. In FY23, Safe Kids provided Water Watcher tags to Rady Children’s Hospital ED to support the Drowning Prevention project. Water Watcher tags are also provided to Prevent Drowning Foundation for distribution at community events and distributed by Fire & Rescue at the beach and in the community.
 - **Stop the Bleed:** In FY23, the trauma staff trained 163 community members in techniques to help control bleeding in an injured person.

- **Child Passenger Safety Program:** In conjunction with SKSD, the Safety Program provides in-person child safety seat inspection, fitting and installation. Certified Child Passenger Safety Technicians ensure children fit securely in their safety seats. The Safety Program also provides education and resources for families who transport vulnerable children home from the hospital. In FY23, 527 children and their families were assisted through this program.
- **Injury-Free Coalition for Kids (IFCK):** The IFCK is part of a National Injury Prevention Coalition, which focuses on childhood injury prevention research and prevention practices. Rady Children’s IFCK addresses injury trends through quality improvement projects that improve child health outcomes.
- **Community Doc Talks:** Volunteer physicians provide education and engage families in conversations regarding healthy habits for young children. In FY23, a series of seven sessions were offered to 661 people.
- **Rite-Aid Healthy Futures Food Access Program:** Rady Children’s screens children and families for social determinants of health including food insecurity. Families in need are referred to a Hunger Free Navigator who connects them to food pantries and resources for free meals. In FY23, 1,523 persons were provided with food packages consisting of 25-30 pounds of nonperishable food items, fresh produce, dairy products, and meats.

Childhood Obesity Initiative (COI)

The Childhood Obesity Initiative (COI) is funded by the County of San Diego and facilitated by UCSD Center for Community Health to reduce and prevent childhood obesity. Activities include creating workshops about evidence-based practices related to nutrition, health and trauma informed screenings. Also, the COI distributes health outreach materials. In FY23, Rady Children’s participated in and provided strategic guidance on the Leadership Council of the COI.

Regional Pediatric Trauma Center

Rady Children’s Regional Level 1 Pediatric Trauma Center (Trauma Center) was designated by the County of San Diego in 1984 as the sole provider of pediatric trauma to the region. Highly trained teams and cutting-edge treatments are available 24 hours a day to help the most severely injured patients. In FY23, the trauma center provided care to 805 patients. The Trauma Center Team also provides non-clinical community services including sharing injury data with local, state and national agencies; advocating as media spokespersons on key topics; providing educational forums for health professional (pre-hospital and hospital providers); offering community group informational and educational forums; and participating in front-line injury prevention programs. The Trauma Center also serves as a community resource in disaster planning for children.

Other Community Benefit Services

Rady Children's provides community benefit services in addition to those programs focused on addressing priority health needs.

Subsidized Health Services

Rady Children's provides clinical services that despite a financial loss are continued because the services meet a community need. These are measured after removing losses from Medi-Cal, financial assistance, and bad debt. In FY23, program areas that were subsidized by the hospital included:

- Hospital Outpatient Services
- Behavioral Health Services
- Children's Services

Health Professions Education

Rady Children's provides world-class medical education, conducts research and offers an array of medical resources to promote professional development – all with the goal of providing the best possible care to kids.

Graduate Medical Education (GME): Rady Children's is the training site for more than 500 pediatric family practice and specialty residents from six major teaching hospitals in San Diego: UC San Diego, Scripps Health (Chula Vista/Green/Mercy), Balboa Naval Medical Center, Camp Pendleton Naval Medical Center, Kaiser and a federally qualified health clinic, Family Health Centers of San Diego. Rady Children's also trains medical students and fellows.

Child and Adolescent Psychiatric Fellows: Psychiatric Fellows gain valuable experience rotating through areas of the hospital while being precepted by Rady Children's clinicians including Outpatient Behavioral Health, Autism Discovery Institute, Alexa's PLAYC, Behavioral Health Urgent Care and Child & Adolescent Psychiatry Services.

Continuing Medical Education (CME): Pediatric health education is provided to medical and health professionals throughout the community to update skills and maintain current certifications in specialties. Rady Children's works with UCSD School of Medicine to coordinate activities to maintain CME accreditation. The CME Department offers Grand Rounds, no fee/minimal fee activities (trainings and conferences) and fee-based education events, including a Dermatology Conference and a Pediatric Conference. A calendar of events and video sessions are on the Rady Children's Intranet and website for all professionals to participate in.

Grand Rounds (Pediatric and Psychiatry): This lecture series is presented by Rady Children's and the Division of Pediatric Child & Adolescent Psychiatry of UCSD School of Medicine to keep medical providers up to date on important and timely pediatric health topics. From September through June, three times per month, Rady Children's Outpatient Psychiatry department hosts Grand Rounds on behavioral health topics. All Grand Rounds were open to clinicians and other interested members of the community.

Nursing

Rady Children's Hospital is an American Nurses Credentialing Center (ANCC) Magnet®-designated organization. In FY23, 615 Registered Nurses and 21 Nurse Practitioner students were enrolled in accredited nursing programs and were precepted by Rady Children's staff nurses for clinical experience in pediatric care.

Other Health Professions Education

Other pediatric health professionals throughout Rady Children's receive education and perform clinical hours and/or internship rotations. In FY23, 223 students across received precepted training in the following specialties, including:

- Audiology, Third Year Externs
- Cardiology Technicians
- Health Administration students
- Hematology/Oncology Psychologists
- MRI Technicians
- Neurodiagnostic Technician
- Occupational Therapy/Physical Therapy/Rehabilitation/Speech/Audiology students
- Pediatric Echocardiography
- Pharmacy, second- and fourth-year students
- Physician Assistants
- Radiology Technicians
- Respiratory Therapists
- Social Workers

Leadership Education in Neurodevelopmental and other Related Disabilities (LEND): The LEND program aims to improve the health of individuals who have, or are at a higher likelihood to develop, autism or related developmental disabilities by providing graduate-level training in maternal and child health interdisciplinary leadership education for neurodevelopmental and related disabilities programs. San Diego LEND, led by Rady Children's staff, brought together faculty and trainees from UC San Diego and San Diego State University, government and

community-based agencies in San Diego and Imperial County communities for interdisciplinary training focused on promoting equity in access to evidence-based autism spectrum disorder/developmental disabilities services.

Western Regional Children’s Advocacy Center (WRCAC): Funded by the U.S. Department of Justice, the WRCAC is one of four training and technical regional centers in the U.S. created to assist and build the capacity of child advocacy centers, multidisciplinary teams, and communities looking to improve their response to child abuse. In FY23, WRCAC offered workshops and training to build the skills of 1,207 multi-disciplinary team professionals.

Chadwick Center Clinical Training Program: The Chadwick Center’s Clinical Training Program provides training in assessment and treatment of child abuse to professionals nationally and at the Center. To improve the dissemination of evidence-based treatment, the Chadwick Center conducts multiple trainings for professionals in a variety of formats, including the clearinghouse on evidence based best practices, which is a resource for child welfare professionals about selected programs using a scientific rating scale. In addition, the Trauma-Informed Licensing Team (TILT) contracts with the Community Care Licensing Division (CCLD) to develop a systematic, evidence-informed framework to implement, sustain, and infuse trauma-informed change into the Child Residential Program (CRP).

Additional Health Professions Education

- The Center for Healthier Communities hosted an International Maltreatment Conference that reached 1,626 professionals.
- The Trauma Department provided Paramedic Education Days, a one-day training event, three times per year for 188 paramedics. The Trauma Department also hosted a Trauma Educational Symposium that engaged 75 health providers.
- A Pediatric Community Outreach Program provided health education on topics specific to infants and children for 325 health care professionals in the community.
- The Department of Pharmacy staff taught a Pediatric Pharmacotherapy class at UCSD.

Research

Rady Children's founded a Research Center in 1982, which is committed to discovering treatments and cures for childhood diseases. The Research Center includes the Center for Pediatric Clinical Research, Office of Human Subjects Protection, Projects Office, and Office of Grants and Contracts. Rady Children's has become a clinical research leader with the establishment of recognized national and international research laboratories spanning virtually all pediatric specialties. Through Rady Children's affiliation with the UC San Diego School of Medicine and other world-class research institutions, children benefit from basic, clinical and translational research. <https://www.rchsd.org/research/> Currently, there are more than 890 active research studies by more than 230 investigators at Rady Children's; this includes more than 200 active [clinical trials](#).

Genomic Institute

Further demonstrating a commitment to discovery was the establishment of the Rady Children's Institute for Genomic Medicine (Genomics Institute) in 2014. The Genomics Institute provides benefits to the broader community and other vulnerable populations in neonatal and pediatric intensive care units by streamlining the genomic sequencing process to deliver testing, analysis, and interpretation of life-threatening genetic variations for children. <https://radygenomics.org/> Since its inception, the Genomics Institute has sequenced 4,373 patients through rapid whole genome sequencing and transformed the lives of critically ill babies and children at Rady Children's and across the nation.

Cash and In-Kind Donations

In FY23, funds were donated to nonprofit community groups and local organizations in Riverside and San Diego Counties. The support of these organizations furthered the Rady Children's mission and addressed the community health needs identified through the CHNA. In addition, hospital employees directly supported the community by serving on numerous community boards and collaboratives that focused on increased access to health and social services, improved safety, and wellness.

Community Benefit Operations

Reported costs in this area include staff salaries, benefits and expenses, administrative support and consultants that support Community Benefit visioning, data collection and reporting activities. Costs were also reported for the CHNA and Implementation Strategy.

Community Building Activities

Rady Children's supported Community Building activities that address root causes of health challenges and protect or improve the community's health and safety.

Economic Development

Rady Children's leadership team participated in economic development councils and chambers of commerce to shape and enhance policy and other matters impacting community health.

Advocacy for Community Health Improvement and Safety

Hospital staff participated and supported community events, health fairs and other collaborative efforts that advocated for children's health and safety of children and families in San Diego County and Riverside County.

Workforce Development

FACES for the Future: This is a health career pipeline program embedded in three San Diego high schools located in diverse communities in San Diego County. The program encouraged 1,047 youth to enter health career professions and provided academic enhancement, leadership opportunities, wellness support and exposure to health fields through expert panels and clinical observation experiences.

Medical Academies: The Youth Summer Medical Academy (Youth Academy) program includes a two-week immersive, hands on and experiential learning experience. In FY23, 108 high school youth interested in the medical professions attended the Youth Academy. In addition, Rady Children's hosts Mental Health, Physician Assistant, Nursing and Surgical academies.

International Children's Advisory Network (iCAN): Rady Children iCAN network is part of a worldwide consortium of advisory groups that work to provide a voice for children and families in medicine, research, and innovation. Rady Children's Hospital – San Diego and Children's Hospital Orange County have created a new ICAN chapter together to serve the Southern California region. In FY23, 35 students (7th - 12th grade) worked to become pediatric health advocates for patients and families while gaining volunteer, networking, and leadership experience. The iCAN students provided community services at multiple community events.

Financial Summary of Community Benefit

The Rady Children’s financial summary of Community Benefit for FY23 (July 1, 2022 to June 30, 2023) is summarized in the table below. The Rady Children’s Community Benefit costs comply with Internal Revenue Service instructions for Form 990 Schedule H.

Rady Children’s provides financial assistance and community benefit services, programs and activities that serve children and their families and/or caregivers. The costs of providing these services are not fully reimbursed. The costs are calculated using a cost to charge ratio for any unreimbursed services. Costs for these activities include direct costs and allocated overhead costs, offset by any donations and grants received.

Community Benefit Categories	Net Benefit
Financial Assistance ¹	\$6,078,021
Unpaid Costs of Medi-Cal ²	\$0
Unpaid Costs of Other Means-Tested Government Programs ³	\$7,173,091
Education and Research ⁴	\$43,481,397
Other for the Broader Community ⁵	\$58,759,490
Total Community Benefit Provided Excluding Unpaid Costs of Medicare	\$115,491,999
Unpaid Costs of Medicare ²	\$1,586,308
Total Quantifiable Community Benefit	\$117,078,307

¹ Financial Assistance includes traditional charity care write-offs to eligible patients at reduced or no cost based on the individual patient’s financial situation.

² Unpaid costs of public programs include the difference between costs to provide a service and the rate at which the hospital is reimbursed.

³ Includes other payors for which the hospitals receive little or no reimbursement (e.g., County indigent program).

⁴ Costs related to the health professions education programs and medical research that the hospital sponsors.

⁵ Includes non-billed programs such as community health education, screenings, support groups, support services, cash and in-kind donations and community benefit operations.

Community Benefit Plan

Significant Needs the Hospital Intends to Address

The hospital convened an internal group of hospital leaders to discuss and prioritize the significant health needs identified in the FY22 CHNA. The following criteria were used to determine the significant health needs the hospital will address in the FY23-FY25 Implementation Strategy:

- Existing Infrastructure: There are programs, systems, staff and support resources in place to address the issue.
- Established Relationships: There are established relationships with community partners to address the issue.
- Ongoing Investment: There are existing resources committed to the issue. Staff time and financial resources for this issue are counted as part of Rady Children's community benefit effort.
- Focus Area: The hospital has acknowledged competencies and expertise to address the issue and the issue fits within the organizational mission.

The FY22 CHNA is the resource document used to review health needs in the region by providing data on the scope and severity of issues and included community input on the health needs. The community prioritization of needs was also taken into consideration. As a result of the review and application of the above criteria, Rady Children's addressed the following needs as they focus on the health of children and their families:

- Access to health care
- Behavioral health (including mental health and substance use)
- Chronic conditions (including overweight and obesity)
- Injury prevention

Access to Health Care

Goal

Increase access to health care to improve the health of children and their families.

Strategies

Financial Assistance

Provide financial assistance through free and discounted care and government health programs for low-income patients, consistent with the hospital's financial assistance policy.

Insurance Enrollment

Financial counselors will assist patients/guarantors to apply for health insurance coverage and other benefits from public and private payment programs.

Transportation

Provide emergency transportation for children and neonates to hospitals, clinics, and physician offices in San Diego, Imperial and Riverside Counties.

Center for Healthier Communities

Launch strategically focused interventions, advocate to support health improvement, and link providers with resources to improve health within the community.

Anderson Center for Oral Health

Improve access to oral health care for young children by encouraging dentists to accept children under the age of 1, thereby preventing early dental caries. Provide training and materials to local dentists to help them incorporate pediatric guidelines in their practice. Support children with special dental needs including complex medical conditions such as leukemia, hemophilia, sickle cell disease, asthma and diabetes.

Pathways Support Group

Provide group language therapy programs for children, ages 3 to 5, with limited, but emerging expressive language skills. Help children with autism spectrum disorders generalize skills learned in the one-on-one setting to more complex social settings.

Pediatric Down Syndrome Center

Address the unmet needs of children with Down syndrome by providing diagnostic evaluation services, comprehensive case management in collaboration with education and clinical stakeholders, genetic counseling, patient advocacy, resource referral and social service.

Community Support

Provide donations and in-kind support to nonprofit community organizations dedicated to increasing access to health care services.

Behavioral Health (Includes Mental Health and Substance Use)

Goals

- Increase access to mental health and substance use services in the community.
- Improve screening and identification of mental health and substance use needs.

Strategies

Hope Bereavement Support Program

Provide support for families to address their grief.

Options For Recovery Program

Provide training to foster parents and relative caregivers to care for infants and children who were born exposed to drugs and/or alcohol.

Suicide Prevention

Host symposia to educate parents about youth suicide.

Trauma Counseling

Provide counseling for children and parents involved in child abuse, domestic violence and other trauma.

KidStart Center and Clinic

Provide a centralized program of comprehensive triage, assessment, referral and treatment for children, ages birth through 5 years, with complex developmental and psychosocial behavioral health problems.

Healthy Development Services (HDS)

Identify and treat developmental and behavioral concerns in children, ages birth to 5 years. Coordinate developmental screenings, assessments, referrals and treatment.

Pediatric Psychiatric Emergency Department

Provide patients with a full psychiatric evaluation that includes screening for inpatient psychiatric hospitalization needs, crisis intervention and stabilization and a pathway to referrals, follow-up resources, education and outreach.

Mid-City Behavioral Health Urgent Care (BHUC) Clinic

Increase access to treatment for children in at-risk neighborhoods who experience a behavioral health crisis that poses a risk to their safety or the safety of others, or significantly impairs their daily lives. Provide access to crisis intervention and stabilization services for the psychiatric and psychological care of children, teens and their families who are struggling with urgent emotional and/or behavioral concerns.

Outpatient Psychiatry Clinic and School-Based Services

Provide community-based and school-based behavioral health services for children, teens and transition-aged youth whose functioning is impaired by symptoms from a psychiatric diagnosis.

Health Stars and Growing Minds

Bring physicians into the communities to engage with high-risk families to enhance child development and family mental/behavioral well-being for low-income parents and their children, ages 0-5.

Community Support

Provide donations and in-kind support to nonprofit community organizations that address behavioral health services.

Chronic Conditions (Includes Overweight and Obesity)

Goals

- Reduce the impact of chronic diseases on health and increase the focus on chronic disease prevention and treatment education.
- Increase healthy eating and physical activity to reduce overweight and obesity.

Strategies

Hemophilia Treatment Center

Care for children with hemophilia, von Willebrand disease and platelet disorders. Provide patient education and advocate for patients with bleeding disorders. Engage in clinical research, national outcomes studies, and data collection on major complications of hemophilia, including joint disease and blood borne viruses.

Nutrition and Healthy Lifestyle Childhood Obesity Initiatives

Participate in a countywide collaborative Childhood Obesity Initiative to reduce and prevent childhood obesity. Offer workshops on nutrition and healthy eating, trauma-informed screenings, and other topics.

Support Groups

Host support groups for families, including Bereavement, Cancer Support, Cardiac Support, Child Life Services, Family Advisory Council and Helen Bernardy Center Parent-to-Parent Support.

Integrative Wellness Center

Conduct community outreach, provide education, support groups, nutrition and healthy lifestyle classes, free to the public.

Community Support

Provide donations and in-kind support to nonprofit community organizations dedicated to addressing chronic diseases and increasing access to healthy eating and active living.

Injury Prevention

Goal

Improve services and resources to increase child safety and prevent injury.

Strategies

Safe Kids San Diego

Participate in and lead a local coalition to address drowning prevention, safe sleep practices, child passenger safety, pedestrian and bicycle safety, and other prevalent injury areas.

Injury Free Coalition for Kids

Participate in a National Injury Prevention Coalition that focuses on childhood injury prevention research and prevention practices. Address injury trends through quality improvement projects for improved child health outcomes.

Safety Store

Offer a wide range of products to keep children safe through a mobile kiosk. Educate families about preventing injuries to children and offer strategies to achieve safety.

Juvenile Hall Wellness Team

Provide health education, counseling, and discharge planning for incarcerated youth. Assist minors in avoiding high-risk behaviors through increasing knowledge of pertinent health issues, connecting them to outside health services, and encouraging families to obtain health insurance coverage.

Chadwick Center for Children and Families

Focus on prevention, detection and treatment of child abuse and neglect, domestic violence, and post-traumatic stress in children.

Child Abuse Treatment Program

Provide evidence-based therapy services to children and families to treat the after-effects of traumatic events experienced by a child.

Forensic and Medical Services

Provide expert medical assessment and forensic interviewing for children having experienced abuse or having witnessed violence.

Polinsky Children's Center

Provide medical services, administrative support, medical evaluations, developmental screenings and evaluations to abused and neglected children residing at the Polinsky Children's Center.

Rady Children's Regional Pediatric Trauma Center

Provide clinical trauma care and nonclinical community services including sharing injury data with community, state and national agencies, advocate for keeping children safe by functioning as media spokespersons on key topics, providing professional (pre-hospital and hospital providers) educational forums, offer community group informational and educational forums, and participate in front-line injury prevention programs such as car safety seat/restraint and helmet distribution and education. Function as a community resource in disaster planning for children.

Community Support

Provide donations and in-kind support to nonprofit community organizations dedicated to addressing child safety and injury prevention.

Evaluation of Impact

Rady Children's is committed to monitoring and evaluating key initiatives to assess the programs and activities outlined in this Community Benefit Plan. Rady Children's has implemented a system for the collection and documentation of measures, such as the number of people reached or served, and collaborative efforts to address health needs. An evaluation of the impact of the hospital's actions to address these significant health needs will be reported in the FY 2025 CHNA.

Health Needs the Hospital Will Not Address

Since Rady Children's cannot directly address all the health needs present in the community, it will concentrate on those health needs that can most effectively be addressed given its areas of focus and expertise. Taking existing hospital and community resources into consideration, Rady Children's will not directly address the remaining health needs identified in the CHNA, including economic stability, education, housing and homelessness, and sexual behaviors.

Contact Information

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