

Adolescent & Young Adult Eating Disorder Clinic

What to Expect During your First Visit

- You'll be asked to provide a urine sample during your appointment
- Plan for your entire visit to take about 1.5 hours

Before Your Visit



Check your MyChart!

A few days ahead of your visit, we'll send you questionnaires to fill out before your appointment. You'll also complete EZ Arrival to speed up check-in at your visit.

If you need an EKG...

An EKG is a simple test that measures the electrical activity of your heart. If you need this, we will arrange for it to be done prior to your clinic visit, on the same day.



1 Check-in at the AYA Clinic

You'll start your visit by getting checked-in at the AYA clinic front desk.



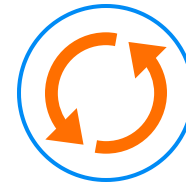
2 Complete Intake

Once you're registered, you'll meet with the Medical Assistant (MA) to complete your intake screenings (vitals & urine sample).



3 Meet with the Physician

Plan for spending about 45 minutes with the physician. You may also meet with a resident physician who is training in pediatrics. You'll have a physical exam and time to talk.



Next, you'll either meet with the Dietitian or the Physician. The order might change, but you'll get time with both!



4 Meet with the Dietitian

You'll also have time to talk with the Registered Dietitian (RD). This usually takes about 45 minutes.



5 Wrap up Your Visit

The last stop in your visit will be with the Nurse or MA. You'll review the visit and next steps. Depending on your needs, one of our social workers may check in with you to review treatment resources and provide support.



6 Check out!

Once your visit with the team is complete, you'll stop by the front desk to schedule any follow-up appointments.