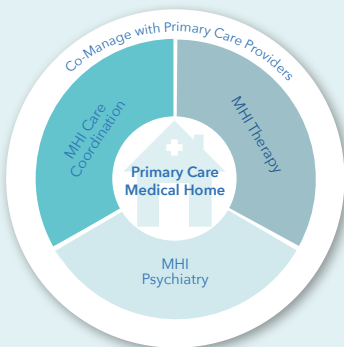
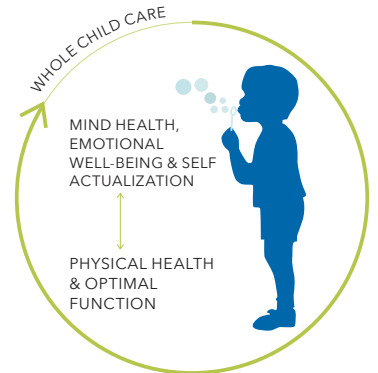


### Primary Care Mental Health Integration Program

#### Background

The Primary Care Mental Health Integration (MHI) Program is currently offered at *select*\* Children's Primary Care Medical Group (CPCMG), Children's Physicians Medical Group (CPMG), and Rady Children's Mental Health Hub locations. It is designed to improve the emotional well-being of youth through conducting early identification screenings, improving access to behavioral health care, and providing evidence-based treatment. This is accomplished through having an Integrated Health Therapist (IHT) embedded in the primary care office with available referrals to one of our regional Rady Children's Mental Health Hubs.



#### Benefits of Mental Health Integration

- Easy, quick access to mental health care
- Convenient in a setting that is familiar and comfortable
- Evidence-based, short-term model
- Family-centered, collaborative approach that provides more consistent care and access to medical and mental health services

**To be eligible for the MHI program, a referral from a participating pediatric primary care provider at one of our program locations is required.\***



#### Integrated Primary Care Clinic Sites

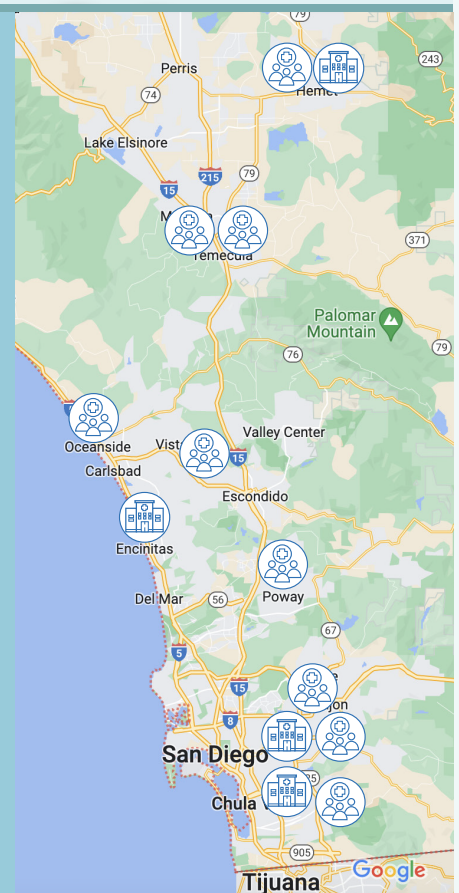
- CPCMG El Cajon
- CPCMG Poway
- CPCMG Chula Vista - Centre Medical Plaza
- CPCMG Oceanside - Sanford Children's Primary Care
- CPMG Children's Medical Group San Marcos
- CPMG La Mesa Pediatrics
- CPCMG Temecula Parkway
- CPCMG Jefferson Temecula
- CPCMG Hemet

**Referrals to one of our regional Rady Children's Mental Health Hubs are available as needed.\***



#### Behavioral Health Referral Hubs

- Chula Vista Hub
- Encinitas Hub
- Mid-City Hub
- Hemet Hub



\*Referral to the Rady Children's MHI Program is via participating primary care locations. For more information, contact [TMHteam@rchsd.org](mailto:TMHteam@rchsd.org).