

FEBRILE SEIZURE



Maria Augusta Montenegro, MD, PhD
Michael Zimbric, MD

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Department of Neurosciences

Division of Pediatric Neurology

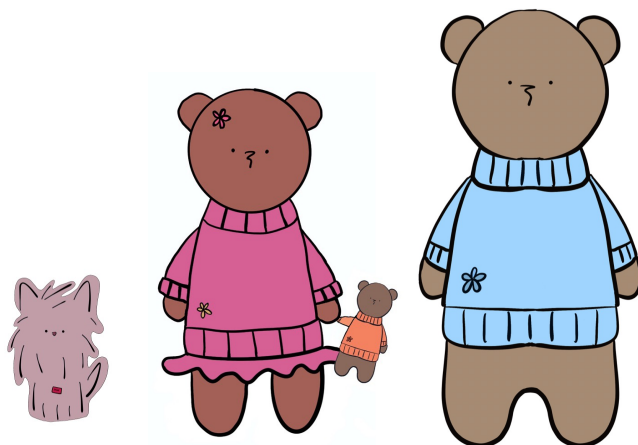
Rady Children's Hospital / UCSD



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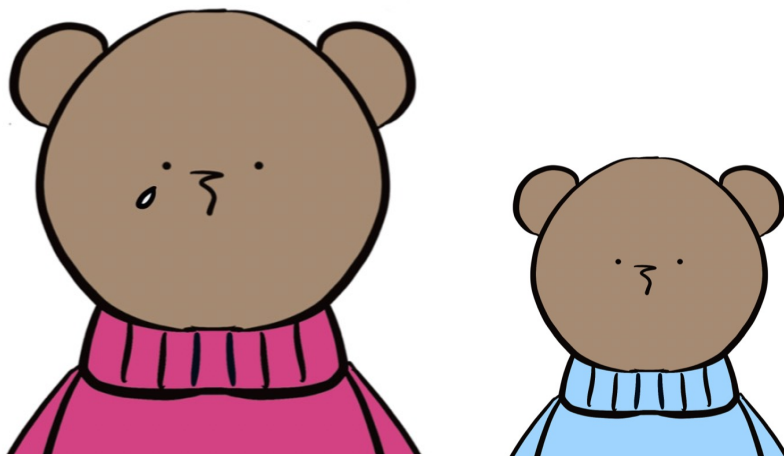
Hello! This is my
little sister. We
love to play
together.



"Hello"

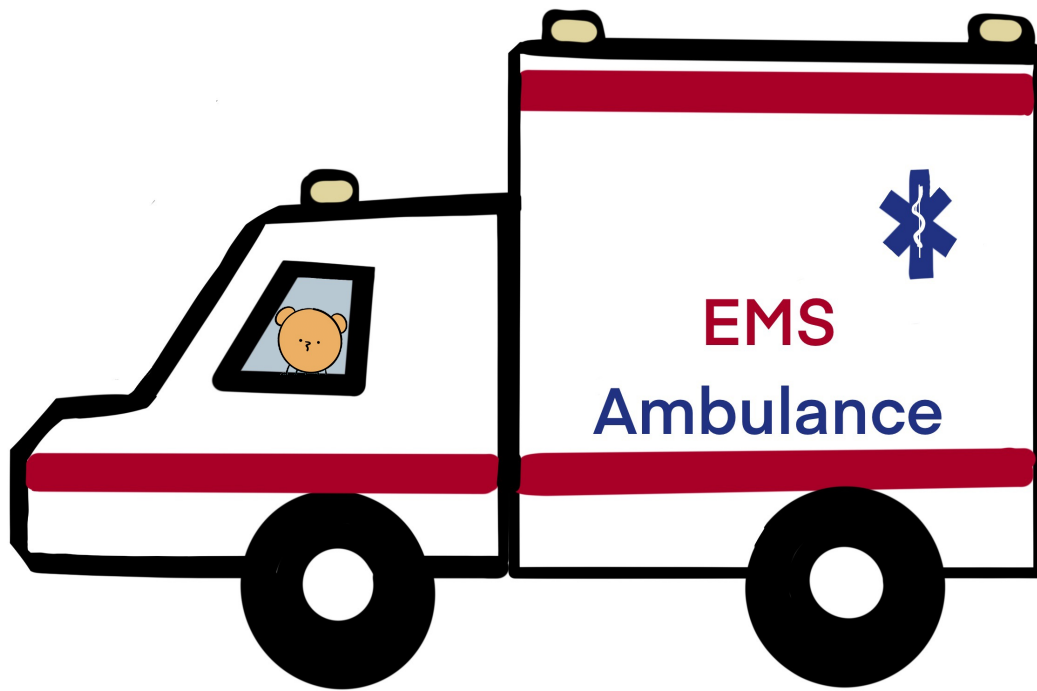
One day she got sick. We were playing at home, everything was fine, and suddenly she had a fever and started shaking.

My mom called 911.

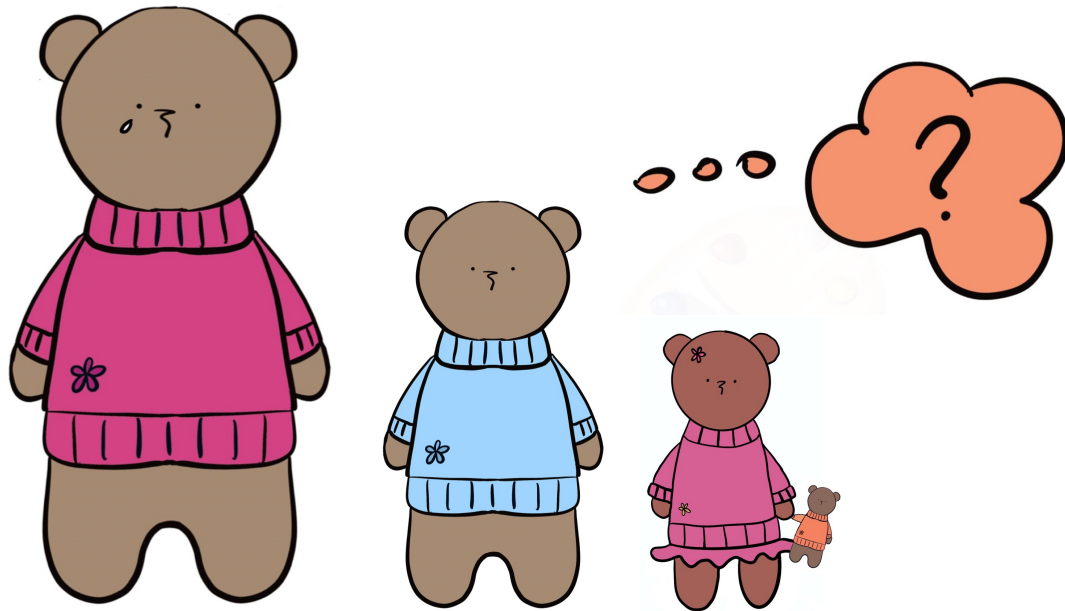


I could tell that my mom was really scared. I was really scared!

When the emergency team got to our house my sister was much better, but they told us that she needed to go to the hospital.



Sometimes adults forget to explain to us what is going on. They usually do that because they are trying to protect us.



Later I found out that parents are always scared when their children are sick.

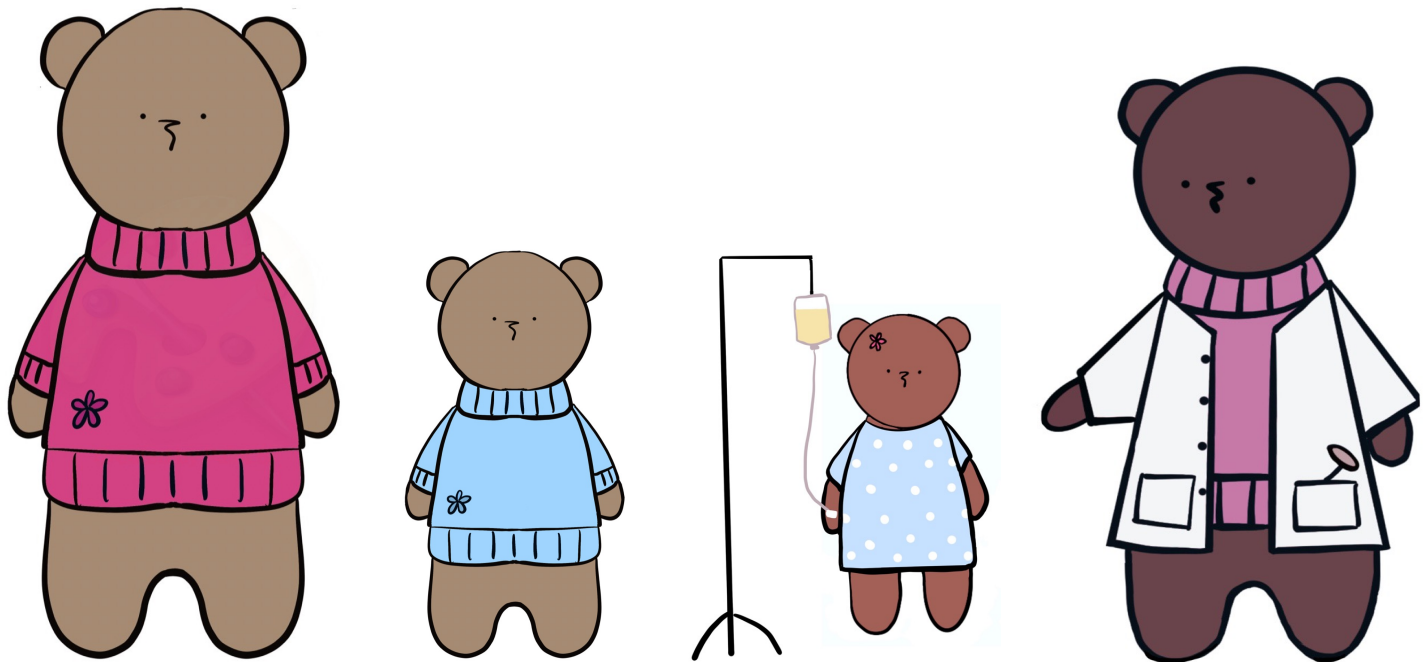
At the hospital, there was a very nice doctor.
She listened to my sister's heart and
checked her belly.
Then she hit her knee with a little hammer.
It didn't hurt!

It was actually
funny because
when she hit her
knee, her leg
kicked the air.



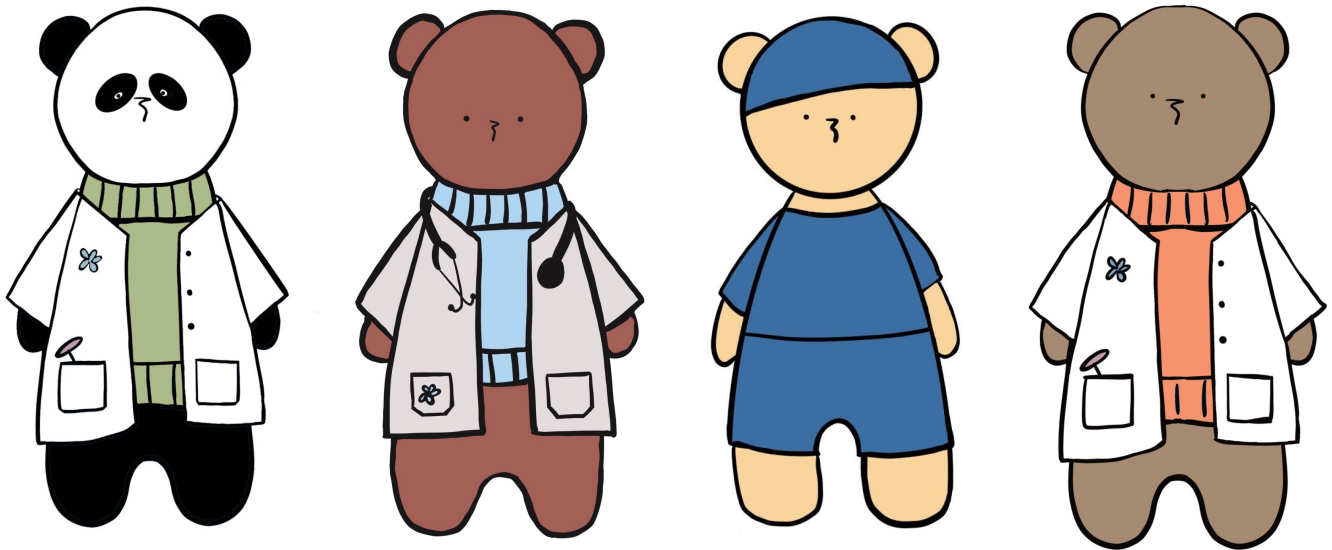
When she finished examining her, she said:

"Your sister had a febrile seizure. She needs to stay here a few hours and later today she can go home".

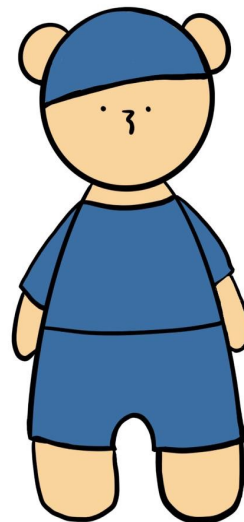
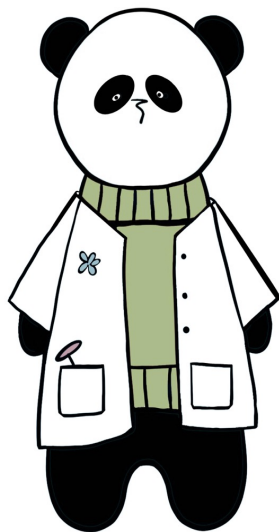


The doctors explained that:

- Febrile seizures are very common.
- It happens between 6 months and 5 years-old.
- Most seizures are brief and last only a few minutes.



- If a seizure happen, you should remain calm.
- Time the duration of the seizure.
- Turn her gently to the side.
- Protect her head with a pillow or something soft.
- If the seizure lasts more than 5 minutes, call 911.



- Do not put anything in her mouth.
- Do not try to give anything to eat or drink during the seizure.



We also learned that most children with febrile seizures do not need any test or medication.

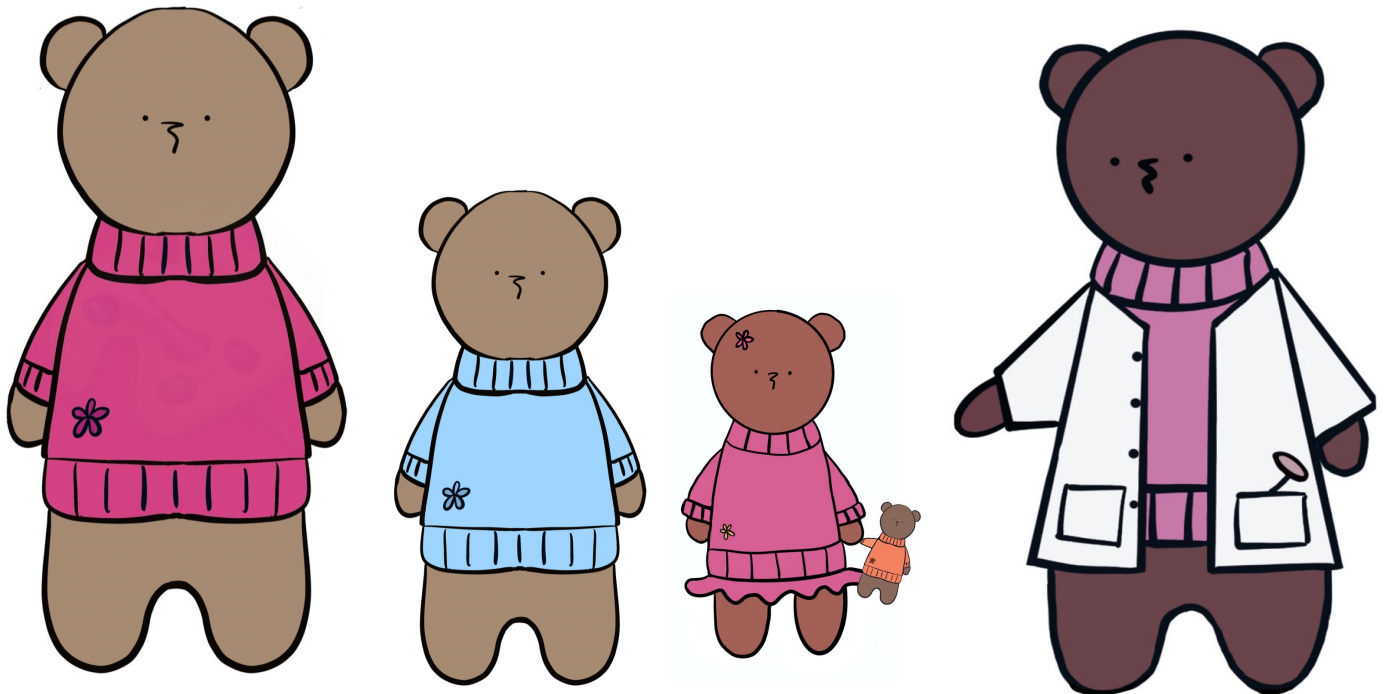
Even if it happens again, most patients will outgrow it as they get older.



Later in the day, the nice doctor came back. She said:

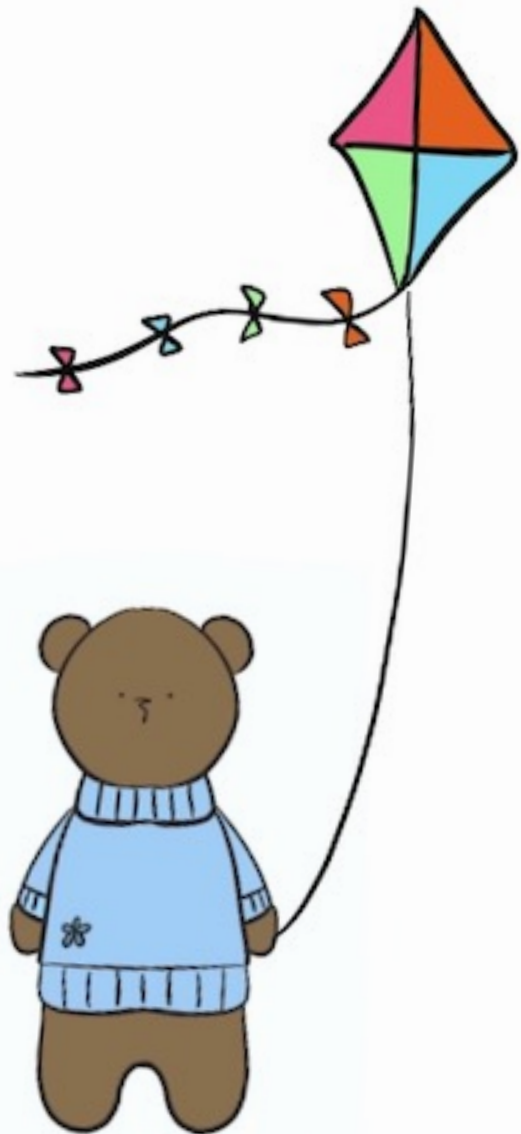
"Your sister is fine, and you can all go home now."

"Good news!"



Now everything is fine,
my sister is healthy,
and we still love to play
together.

"I got to ride in
the ambulance!"





The End

