



SAVE THE DATE:

2024 San Diego Heart and Stroke Walk

We are excited to share that this year's Heart and Stroke Walk will be held on Saturday, September 21, 2024, at Balboa Park. This fun, family-friendly community event includes 1-mile and 4.1-mile route options. Get started by visiting sdheartwalk.org to register today!

San Diego Heart and Stroke Walk

Date: Saturday, September 21, 2024

Location: Balboa Park (6th Ave and Laurel St)

Expo opens at 6:30 a.m.

Walk begins at 7:30 a.m.

Have fun, get moving, and connect with people from all over San Diego County while supporting the mission of the American Heart Association. We look forward to Heart Walking with you!

REGISTER NOW