



Dance  
Medicine  
Clinic

# Pediatric Pointe Shoe Clearance Workshop



Join **Emily Cidambi, MD**,  
*orthopedic surgeon at Rady  
Children's*, for a workshop and  
screening clinic for dancers  
seeking medical clearance to  
advance onto pointe. Focus  
includes promoting wellness,  
preventing injury and prolonging  
health. Workshop to include  
guest speakers.

Learn More!



# January 11

8:30 a.m. – 3 p.m.

For more information, contact  
**Lead Nurse, Rachel Festerly, LVN**  
at **858-576-1700**, ext. **224228**

**RADY CHILDREN'S HOSPITAL - ENCINITAS (CHILDREN'S PRIMARY CARE)**  
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