

## Developmental Activities (18-24 months)

### FINE MOTOR ACTIVITIES

- Roll play dough into balls using the palms of hands facing each other.
- Use tweezers to move small pieces (such as cereal, pom poms or marshmallows) one by one into a container.
- Lace or thread beads, cereal, pieces of straw or dry macaroni onto a string.
- Put on a puppet show using thumb, index and long finger.
- Squeeze sponges or bath toys for grip strengthening.
- Clip clothespins or chip clips to clothes or the sides of containers.
- Play with various sized small objects, pushing them into slots or small openings.
- Play and draw on vertical or upright surfaces -- window markers, shaving cream on the shower wall, etc.
- Try tummy-lying on the floor propped on arms to read books, color or do puzzles.
- Put together connecting blocks.
- Color the sidewalk with chalk.
- Stack a block tower. See if your child can copy your designs with blocks. Talk about how their tower may be the same or different than yours.
- Play with stickers -- have your child peel sticker off paper and stick to a named body part or on paper.
- Encourage your child to participate in simple chores -- help with washing floors or windows, sort or transfer laundry, pick up toys.



## Developmental Activities (18-24 months)

### GROSS MOTOR ACTIVITIES

- Place toys and books higher up to encourage your baby to stand on tiptoes.
- Show your baby how to throw and catch balls of different sizes, as well as kick a ball.
- Turn on music and have a dance party with your baby.
- Start to practice walking up and down stairs while they hold your hands or the handrail. Be sure to stand in back of them as they go up and in front of them when they go down.

