

WHAT TOYS ARE APPROPRIATE FOR MY CHILD?

THE DO'S AND DON'TS OF INFANT EQUIPMENT

The information in this handout should be used as a guide only. Ultimately, the most beneficial form of play for children is engaged play on their tummy.

BENEFICIAL

These toys promote movement and positions that will encourage opportunities for the development of important gross motor skills and milestones.



Nursing Pillow



Push Toy



Play Table



Cube Chair



Tummy Time Mat



Exercise Ball



Play Pen



Baby Carrier
(Ask about positioning)



Sit and Ride Toy

MAYBE BENEFICIAL (VERY LIMITED TIME!) - ASK YOUR PT!

These are “maybe” toys and should be used VERY MINIMALLY as they do not promote the development of gross motor skills. These should only be used if the child needs to be safely contained for a short period of time.



Activity Saucer



Sit and Play Toy



Baby Swing



Positioning Chair

NOT RECOMMENDED!

These toys may DELAY your child’s motor development and may promote ATYPICAL movement patterns. They could also compromise your child’s safety and should be avoided when possible.



Baby Jumper



Baby Walker



Hanging Jumper



Rock N' Play
(recalled)

Comments: _____

Please follow all manufacturer guidelines while using any piece of equipment.