

Proteinuria (Isolated Asymptomatic)

Asymptomatic proteinuria is elevated protein in a patient without hypertension, edema or hematuria. Additional consideration of medical necessity is made on a case-by-case basis using submitted clinical documentation.

Has the patient completed a first morning urine for total protein/creatinine ratio?

Yes: What were the results of total urine protein/creatinine ratio?
 No: Order first morning urine for total protein/creatinine ratio

IF TP/Cr <0.2 gm/gm (200 mg/gm)

No Referral

Repeat urinalysis and 1st morning urine for creatinine in one year.

IF TP/Cr >0.2 gm/gm (200 mg/gm) and <1 gm/gm (1,000 mg/gm)

Order 24 hour urine collection for total protein and creatinine.

Are results available?

No: Wait until results are available. Once results are available, proceed.

Yes: Submit Authorization Request for referral to Nephrology with supporting documents.

IF TP/Cr >1.0 gm/gm (1,000 mg/gm)

Nephrology. Comprehensive metabolic panel, CMP, Mg, Phos, CBC, C3, C4, ASO, Anca Panel, DS DNA, IgA