

Advancing the future of pediatric
healthcare...together.

Pediatric Otolaryngology

Surgery Coordinators:

Arcelia (858) 576-1700 Ext. 223752
Pamela (858) 576-1700 Ext. 223753
Monica (858) 576-1700 Ext. 223744
Marlen (858) 576-1700 Ext. 223691
Gisselle (858) 576-1700 Ext. 223129

Insurance Coordinator:

(858) 576-1700 Ext. 243762

Office Nurses:

Janna & Denise (858) 309-7706

***Please do not give your child aspirin for 10 days before surgery. If your child needs a medication for pain control prior to the surgery, acetaminophen (Tylenol) is fine. Ibuprofen (Motrin, Advil) should not be used for 3 days before surgery, unless the procedure is ear tubes or endoscopy.**

If canceling/rescheduling surgery, please call the appropriate surgery scheduler 2 weeks in advance.

Please bring the original containers, all prescriptions and over the counter or herbal medications that the patient takes at home with you to the scheduled surgery date. This is a National Safety Standard to assure that patients receive appropriate medications while hospitalized.

In order to provide safe anesthesia for your child, it is important that you follow the diet instructions listed on the 2nd page of this packet. The diet instructions are necessary to minimize the chance of vomiting and respiratory problems before, during and after anesthesia and surgery.

Please contact your surgeon's triage nurse at 858-309-7706, M-F from 8:00am-5:00pm, if it is after hours call 858-576-1700, dial "0" for the operator, if:

- Signs of acute illness such as high fever, diarrhea, vomiting, coughing, or nasal discharge occur.
- Dietary instructions were not followed.
- Your child was exposed to any communicable diseases such as chicken pox, measles, mumps, etc.

If unable to contact your surgeon's office, please call Rady Children's Hospital (858) 966-6765, 8:00 a.m. to 7:00 p.m. (weekdays), or have the operator page the nursing supervisor on weekends and after 7:00 p.m. weekdays.

**Please check in at Entrance 2: Acute Care Pavilion,
3010 Children's Way San Diego, CA 92123
Ph# 858-576-1700 Ext. 226765**

Our website: www.cssd.us

For a video on how to prepare your child for surgery go to: <http://www.rchsd.org/programs-services/surgery/>

In affiliation with University of California, San Diego

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